



# OMC Handbook

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## I. INTRODUCTION

### Mission

The mission of Dongguk University Los Angeles is to:

1. Explore and embody the principles and practices of traditional East Asian medicine;
2. Develop a community of skilled medical practitioners; and
3. Provide accessible health care services to the local community.

### Statement of Purpose and Goals

The Statement of Purpose and Goals for the Master of Science in Oriental Medicine (MSOM) Program are:

- To develop competent traditional medicine practitioners through academic and clinical programs.
- To develop healthcare professionals with clinical competencies, including collaborative care.
- To develop healthcare professionals with skills and competencies to contribute to the community and to the field.

The Statement of Purpose and Goals for the Doctor of Acupuncture and Traditional Medicine (DATM) Program are:

- To develop competent traditional medicine practitioners through academic and clinical programs.
- To develop healthcare professionals with clinical competencies, including collaborative care.
- To develop healthcare professionals with skills and competencies to contribute to the community and to the field.
- To train leading scholars through advanced research.



- To develop specialized practitioners with training in the application of traditional medicine clinical modalities.

## **Master's Program Educational Objectives**

To train healers who are able to:

1. Demonstrate an understanding of the theoretical and historical contexts of Oriental Medicine;
2. Apply this understanding to accurately diagnose patients;
3. Utilize bio-medical diagnostic methods and refer to other practitioners as appropriate;
4. Competently plan, perform, assess and adjust acupuncture treatments for common conditions and patterns;
5. Competently prescribe and modify herbal formulae for common conditions and patterns;
6. Embody and advise on healthy lifestyle choices; and
7. Identify, define and model best practices for professional success.

## **DATM Program Education Objectives**

To train healers who are able to:

- Demonstrate an understanding of the theoretical and historical contexts of oriental medicine.
- Apply this understanding to accurately diagnose patients.
- Utilize biomedical diagnostic methods and refer to other practitioners as appropriate.
- Competently plan, perform, assess, and adjust acupuncture treatments for common conditions and patterns.
- Competently prescribe and modify herbal formulas for common conditions and patterns.
- Embody and advise on healthy lifestyle choices, and
- Identify, define, and model best practices for professional success.
- Apply integrative diagnostic skills to provide effective patient care
- Obtain familiarity with contemporary community healthcare systems

- Conduct collaborate care with other healthcare professionals
- Develop and implement systems and plans for professional development
- Assess and integrate scholarship, research, and evidence-based medicine, or evidence-informed practice to enhance patient care

## II. ABOUT THE OMC

This OMC Handbook provides students with a comprehensive overview of the official University policies and procedures developed to govern clinic management, patient care and most importantly, acquisition of clinical competencies by each student. These policies and procedures ensure the dual success of students' clinical education and the OMC itself.

### Location & Hours of Clinic Operation

The DULA OMC is located at 440 Shatto Place, Los Angeles, California 90020. The patient reception area is directly adjacent to building elevators onto the second floor. Telephone numbers for the OMC reception desk are: (213) 487-0150 and (213) 487-0527 (fax).

OMC hours of operation are Monday through Sunday

Morning:	9:00 a.m. -- 1:00 p.m.
Afternoon:	2:00 p.m. -- 6:00 p.m.
Evening (Mon-Thurs only):	6:00 p.m. – 10:00 p.m.

### California Law Pertaining to the Practice of Acupuncture

In 1978, AB 1391 (Torres) essentially established acupuncturists as "primary health care providers" ([B&P Code, section 4926](#)) by eliminating the requirement for "prior diagnosis or referral" by a doctor, dentist, podiatrist or chiropractor. AB 2424 [(Chapter 1238, Statutes of 1978) Jim Keysor, Democrat, San Fernando] authorized Medi-Cal payments for acupuncture treatment. Legislation was passed which established acupuncture as a certified health care profession, certification dependent upon successful completion of a competency examination; four public members were added to the Acupuncture Advisory Committee. It was also clarified that the Division of Allied Health Professions (DAHP) within the Board of Medical Quality Assurance had the authority to enforce acupuncture laws; the DAHP was directed to establish training standards and authorized to establish apprentice programs and continuing education requirements for acupuncturists. [SB 1106 (Song); ([B&P Code sections 4927, 4928, 4940 and 4945](#))].

## Scope of Practice for OMC Students

The scope of practice of students in the OMC is exactly that which is determined by the laws of the State of California as implemented by the OMC administration. Students are permitted to practice ONLY under the supervision of an OMC Clinic Supervisor. Students who engage in advising, consulting, history taking, examining, treating or other related activities under any other circumstances constitutes the unauthorized practice of acupuncture, and is grounds for criminal malpractice in the State of California. For further clarification of the scope of practice issue, please see the Department of Consumer Affairs' Legal Office's Legal Opinion No. 93-11, dated December 14, 1993.

Students are not authorized to execute any documents intended for external entities including insurance forms, clinical status/progress forms, work/school/gym excuses, disability certificates and any other official document. All correspondence to doctors, attorneys and insurance personnel must be signed by a licensed acupuncturist. However, student's notations in patients' charts, including history and examination forms, narrative reports and progress notes must be signed by the students in black or blue ink and co-signed by a Clinic Supervisor.

Students are so entitled in the OMC to denote his/her function not his/her degree or legal status in California. MSOM students may not refer to themselves as "acupuncturists." DATM students who hold valid and non-expired license to practice as Acupuncturist in the state of California may refer to themselves as "acupuncturists" but shall practice ONLY under the supervision of an OMC Clinic Supervisor. Students also may not contact other health care professionals on behalf of a patient without the authorization of a Clinic Supervisor.

## Clinic Space and Equipment

Treatment Rooms:	14 rooms
Clinic Space:	2637 sq ft
Treatment Beds:	23 beds

DULA Oriental Medical Center (OMC) at 2nd floor contains 12 treatment rooms, 2 treatment rooms for faculty clinic, herbal dispensary / storage / decoction room, Observation Theater room, Room for full-time Clinic Supervisors, Supervisor conference room, intern & resident conference room, and

offices for Director of OMC, Intern Coordinator, and Clinic Supervisors. Patient waiting room is spacious and open to hall and elevator.

Each treatment room contains 1 bio-hazard waste, 1 needle disposal containers, and 1 desk for consultation in addition to treatment tables with headrests or pillows, clean field area, alcohol, cotton balls, and chair. OMC provides various non-useable and reusable medical devices such as disposable acupuncture needles with various sizes and thickness, disposable portable trash bags, ear seeds, moxa, towels, gowns, pillows, diagnostic equipment (although all students are required to have their own), electro stimulator, cupping cups, gua-sha tools and portable blood pressure measure. Each student is required to have their own stethoscope and sphygmomanometer. There are two treatment rooms designated for special modality called moxibustion due to strong order created by moxa stick or cones.

Herbal dispensary room serves as herb storage, dispensary of needles or cupping cups for treatment, patient file storage, and control center of patient management. Spacious main room is consisted of reception area, raw herb, cupping, and power herb dispensary. Reception area, which consist two computers and phones, is in front of herbal dispensary, and receptionist manages overall patient flow from here. There is copy machine available at the corner so OMC can provide its own copy of papers. Patient files are securely kept in black fire-resist cabinet in a main room. All herb-made pills are stored in glass sliding open cabinet, and powdered herb is kept in wooden cabinet with top shelf. All the raw herbs used in the OMC are stored in wooden drawers made for herb storage, and these herbs are labeled in Chinese pinyin and systemic Latin name arranged in alphabetic order. In the middle of the herbal dispensary, there is a table for herbal preparation, packing, and distribution. Herbs that are required to be refrigerated are kept in refrigerator located in herbal decoction room. In herbal decoction room, one herbal extractor and packing devices are securely located under venting hood, and these two machines are regulated promptly upon herbal decoction.

Intern & resident conference room serves primarily as students' waiting room as well as internal lecture hall for clinic related practical education. Due to its spacious capacity and availability of good visual aid such as projector and a curved screen, most of important presentations are lectured in this conference room. There are various sizes of lockers available in this room, and each one is assigned upon request. Both locker and locks are provided by DULA OMC.

Supervisor conference room is mainly used for student-Clinic Supervisor communication and discussion. After patient intake, the students introduce the case and receive supervision from Clinic Supervisors in this room, and visit patients together for treatment. There are 1 large table for group discussion or meeting and 2 medium size tables for Clinic Supervisors. A large white board is also available in this room, so Clinic Supervisors' quick lecture is held upon students' request.

Patient waiting lobby is spacious and consisted of comfortable 20 chairs. There is TV attached on the wall to keep patient entertained while they are waiting, and both hot/cold water filter/extractor to keep them out of thirst. On the wall of hallway, there are pictures and licenses of each Clinic Supervisors as well as their specialty, so patients can refer, although receptionist receives appointment in accordance with patients' condition.

### III. CLINICAL TRAINING OBJECTIVES

Clinic Supervisors will guide students in developing their clinical skills and competencies, helping to build upon students' theoretical knowledge of acupuncture and Oriental medicine, expanding their understanding through clinical application.

#### MSOM Program Clinical Training Objectives

The MSOM Program Clinical Training is sectioned into 3 phases of Internship and 1 residency: Level I (Observation and Herbal Practicum), Level II (Supervised Practice), Level III (Independent Practice). All Clinical Training take place under the supervision of OMC Clinic Supervisors or Faculty members, all of whom are expert experienced licensed acupuncturists.

Objectives for skill and competency outcomes are set forth here:

Level	Hours	Objectives of clinical training
Level I internship Observation and Herbal Practicum	Observation Theater (80HR) Observation Rounds (80HR) Herbal Practicum (40HR)  Total 200 Hours	* Observation of treatments by clinic faculty * Record keeping * Management of Treatment rooms (keeping rooms stocked, clean, etc.) * Identification of herbs and management of Herbs
Level II internship Supervised Practice (320 Hours)	320 Hours	* Supervised patient interviewing * Supervised OM Diagnosis & Treatment plan * Performance of Acupuncture treatment under the direct supervision of Supervisor
Level III internship	440 Hours	* Patient interviewing

<p>Independent Practice (440 Hours)</p>		<ul style="list-style-type: none"> <li>* OM Diagnosis and Treatment plan</li> <li>* Western medical assessments</li> <li>* Performance of independent treatment under the supervision of Supervisor</li> </ul>
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### **DATM Program Clinical Training Objectives**

In additional to the clinical internship level I – III described in MSOM program, DATM program also includes the additional 2-units of Integrative Clinical Rounds (40 clinical hours). Through this 40-hours, students will able to provide integrated clinical experience through their clinical practice in AOM field, incorporate evidence-informed integrative practice into the clinical treatments and able to collaborate and communicate professionally with other multi discipline healthcare practitioners.



## **IV. APPLICATION FOR CLINICAL TRAINING & LEVEL EXAMS**

### **MSOM Program**

#### **Required Documents**

Students must prepare the following documents prior to applying for internship:

1. Application Form
2. One recently taken passport size (2"x2") photo
3. Copy of CPR & First Aid Certificate, Child/Adult - 8 hours training
4. Copy of CNT Certificate
5. English language proficiency – Please refer to “English Language Proficiency” under “Admissions” category in the current MSOM Catalog for more information
6. \$10 Name Tag Fee

#### **Registration Order**

Registration priority is determined by level of internship, and maximum priority given to current Level III interns, followed by incoming Level III interns, then current Level II interns, etc. If an intern, notwithstanding seniority, chooses to register late, their options will be limited to shifts currently available on a first-come, first-served basis.

#### **Other Registration Policies**

1. A maximum of 6 interns may register under 1 Supervisor per shift.
2. All interns must check with the Intern Coordinator before registering for internship hours.

#### **Level Examination – Mid Curriculum Exam (MCE)**

Prior to beginning their level II clinical internship, students are required to pass a Mid-Curriculum Exam / MCE (both written and practical) in order to evaluate their progress, skills, and competencies. The passing score for the MCE (both written and practical) is 70%.

Effective from Summer 2019, DULA will implement mock questions system to the Institutional Exam (MCE and CGE). Mock questions are defined as but not limited to the new questions that have yet to be determined for their difficulty and appropriateness to the students' capability in either MCE or CGE.

From 200 questions that will be tested in MCE and CGE, 20 questions will be considered as mock questions. These 20 questions will not be counted for credit to the final result of the exam. Therefore, only 180 questions in total that will be counted for credit and students have to score at minimum of 70% to pass the exam (Passing score is 126 for written exam).

In efforts to standardize the difficulty level of the MCE practical acupuncture point location exam, 2 mock points are also being added to the 10 points. The mock points will not be counted for credit.

**The MCE (written)** will be held in the lotus room of 4<sup>th</sup> floor on the Sunday of the 7<sup>th</sup> week of the quarter: part 1 from 10AM - 12PM and part 2 from 2PM - 4PM. **The MCE (practical)** will be held in the lotus room of the 4<sup>th</sup> floor on the Thursday of the 7<sup>th</sup> week of the quarter (12PM -2PM).

Test materials will be provided by academic staff, including pencils and scantrons. Scratch paper will also be provided upon request. Please refer to the academic calendar for the exam date and registration period of each quarter. After the exam registration has ended, students are not allowed to register for the exam anymore and they have to re-register again following the same exam registration requirement as in other quarters. Please refer to the exam registration form and consult first with the Intern Coordinator for the exam requirement list. An exam registration form can be obtained at DULA front desk.

The total question numbers of the MCE that will be delivered for the written portion is 200 multiple choice.

The content of the MCE (written) is consisted of following:

1. OM (17%) – (developing a diagnosis impression):
  - OM diagnosis 1 – 3 (11 questions)

- OM theory 1 – 2 (11 questions)
  - Treatment Principle (12 Questions)
2. Acupuncture (32%):
- Acupuncture anatomy 1 – 2 (21 questions)
  - Acupuncture physiology 1 – 2 (22 questions)
  - Meridian (21 questions)
3. Herbs (11%):
- Intro herbs (10 questions)
  - Herbs 1 - 4 (12 questions)
4. Biomedicine (33%) – Patient assessment:
- Anatomy and physiology 1 – 4 (46 questions)
  - CPR (10 questions)
  - WM terminology (10 questions)
5. Regulations for public health and safety (7%):
- CNT (14 questions)

<b>MID-CURRICULUM (MCE) REQUIREMENTS*</b>	
Completed units (class): over 100	HB110 Intro to Botany and Herbs
Completed level I observation hours: 200	HB211, 212, 213, 214) Herbs: Category 1, 2, 3, 4
OM121, 211 Basic Theory of OM 1, 2	AC111,112 Acupuncture Anatomy 1, 2
OM221, 311, 312 OM Diagnosis 1, 2, 3	AC211 Meridian Theory
WM110 WM Terminology	AC311, 312 Acupuncture Physiology 1, 2
BS211, 212, 213, 214 Anatomy and Physiology 1, 2, 3, 4	AC321 or AC322 At least one of Acupuncture Techniques 1 or 2

BS311 / 312 / 313 At least one of WM Pathology 1, 2, or 3	TB211 Tui-Na
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**Here is the list of instructions for the written portion of the MCE:**

1. Test instructions will begin 5 minutes after the start time, and doors will be closed 10 minutes after start time.
2. All belongings, including cell phones, must be placed in the back of the room. **Turn off cell phones.** Students will be permitted to bring an unmarked bottle of water/beverage to the desk with them.
3. Take your assigned seat at the desks, which will be marked with your student ID number. A seating chart will also be posted on the testing door prior to entrance.
4. Once seated, all students must sign the examination agreement form before taking the exam. **No talking is permitted at all time during the test.**
5. Sign the front page of the exam question paper. Students may use the back as scratch paper, but it must be turned in when students turn in their exam. If students require extra scratch paper, academic staff will provide it, but it must be collected when students turn in their exam.
6. Students will then be instructed to begin the exam. Students will have **2 hours** total to finish the test.
7. Upon completing the exam, students need to raise their hand for one of the test proctors to pick it up from them. Pick up your belongings from the back of the room and quietly exit the testing room.
8. Students are only permitted to go to the outside of the lotus room in the event of an emergency, accompanied by one of the proctors the whole time until they are back inside the lotus room. While students are leaving, the test and clock will still be counted, and students are not to be given any extra time. Students need to raise their hand during the test and they may leave the testing room with their proctor quietly.
9. Students are permitted to go to the restroom, accompanied by one of the proctors the whole time, until they are back to the inside the lotus room. While students are leaving, the test and clock will still be counted, and students are not to be given any extra time. Students need to raise their hand during the test and they may leave the testing room with their proctor quietly.

10. Students may leave upon completing the exam before 4PM.
11. The test results will be emailed to each student by the Academic Department.

**Please see below for the guidelines of the practical portion of the MCE:**

1. The exam will be held in the lotus room of the 4<sup>th</sup> floor on the Friday of the 7<sup>th</sup> week of the quarter (12PM -2PM).
2. Please refer to the academic calendar for the exam date and registration period of each quarter.
3. Point locations
  - a.i. Point locations are based on *Chinese Acupuncture and Moxibustion* (CAM 3<sup>rd</sup> Edition 2010: Cheng, Xinnong).
  - a.ii. Points on the exam have been chosen by a randomized selection.
  - a.iii. Point markers on the trunk will be equal to the size of a quarter.
  - a.iv. Point markers on extremities and face will be about a penny in size.
  - a.v. Acupuncture points will consist of all regular channel points and extra points. Off-limits points: no scalp, ear, or within the hairline. No groin or breast/nipple area.
  - a.vi. No points list will be provided.
4. Grading
  - a.i. More than two clinic supervisors will grade the students' answers.
  - a.ii. Students will receive credit as long as their sticker touches any part of the marker.
  - a.iii. Students will receive credit if any one of the grading clinic supervisors passes a specific point.
  - a.iv. If most exam takers fail a point within a reasonable range, the academic committee may review the grades based on the input of the grading clinic supervisors.
  - a.v. Model positions.
  - a.vi. Each exam takers will be assigned with one (1) model.

- a.vi.1. Points on all models will be marked by one clinic supervisor based on the CAM textbook.
- a.vi.2. Marking, locating, and grading position of models are as follows:
  - a.vi.2.a. For points on trunk (front), extremities, and face – lying down on the back (face up).
  - a.vi.2.b. For points on trunk (back) – lying prone (face down).

MCE practical portion procedure:

1. Test materials will be provided (0.25” round colored stickers, list of 12 exam points) and students have the option to bring their own con measurer. In efforts to standardize the difficulty level of the practical exam, 2 mock points are being added to the 10 points. The mock points will not count for credit, but rather will help evaluators determine those points which may be at a higher difficulty level for students.
2. Doors will be closed, and test instructions will begin at 5 minutes after the start time.
3. All belongings, including cell phones, must be placed on the indicated tables alongside of the room. Cell phones must be turned off. Students may take an unmarked bottle of water/beverage with them to their seat.
4. Students will take a seat in the area to the right side of the room, behind the dividers. No talking is permitted.
5. 3 students will be called at a time. When a student’s name is called, they will proceed to the testing area where 3 treatment tables are set up, with 1 model on each table.
6. Students will be given their list of points at that time. Begin placing points on the indicated side of your model when the start time begins. Students will have 15 minutes total time to place all points.
7. Students may ask their model to move a body part, such as bend their arms or legs, turn over to face down, or turn or tilt their head. Other than these requests, all other communications with the model are not allowed.
8. When finished placing all 12 points, students need to raise their hand. They must then turn in the list of points to the proctor. Students will then pick up their belongings from the table and exit the lotus room and the 4th floor. No talking is permitted. Students do not stay for the checking of the points.

9. Students are only permitted to go to the outside of the lotus room in the event of emergency, accompanied by one of the proctors the whole time until they are back to the seating area inside the lotus room. This permission is only given while students are still waiting for their turn at the seating area and not during the 15 minutes of the practical test with the model. Students need to raise their hand during the test and they may leave the testing room with their proctor quietly.
10. Students are only permitted to go to the restroom, accompanied by one of the proctors the whole time until they are back to the seating area inside the lotus room. This permission is only given while students are still in waiting for their turn at the seating area and not during the 15 minutes of practical test with the model. Students need to raise their hand during the test and they may leave the testing room with their proctor quietly.

### **Level Examination – Clinical Performance Exam (CPX)**

Prior to beginning level III clinical internship, students are required to pass a clinical performance examination / CPX in order to evaluate their progress, skills, and competencies. **The passing score for the CPX is 70%.**

The CPX will assess students in the following area:

1. Communication skills
2. Focused, appropriate history taking
3. Focused, appropriate physical exams
4. Adequate diagnosis and treatment principle
5. Treatment based on CNT / Safety Standards
6. Accurate point location and technique
7. Effective use of adjunctive therapies
8. Comprehensive herbal treatment
9. Clinical courtesy and etiquette
10. Patient satisfaction

## **DATM Program**

### **Required Documents**

Students must prepare the following documents prior to applying for internship:

1. Application Form
2. One recently taken passport size (2"x2") photo
3. Copy of CPR & First Aid Certificate, Child/Adult - 8 hours training
4. Copy of CNT Certificate
5. English language proficiency – Please refer to “English Language Proficiency” under “Admissions” category in the current MSOM Catalog for more information
6. \$10 Name Tag Fee

### **Registration Order**

Registration priority is determined by level of internship, and maximum priority given to current Level III interns, followed by incoming Level III interns, then current Level II interns, etc. If an intern, notwithstanding seniority, chooses to register late, their options will be limited to shifts currently available on a first-come, first-served basis.

PC700 Integrated Clinical Rounds can only be started when student has completed all required clinical hours of internship level III.

### **Other Registration Policies**

1. A maximum of 6 interns may register under 1 Supervisor per shift.
2. All interns must check with the Intern Coordinator before registering for internship hours.

### **Level Examination**

1. Mid-Curriculum Exam (MCE)
2. Clinical Performance Examination (CPX)



## **V. CLINICAL TRAINING REQUIREMENTS AND APPLICATION PROCEDURE**

### **MSOM Program**

#### **Level I – Requirements and Application Procedure**

##### **Requirements for Entrance:**

To apply Level I internship, Students must have successfully completed 60 units of didactic courses and these pre-requisite courses should be included.

OM 121/211	Basic Theory of OM I, II
OM 221/311/312	At least Two of OM Diagnosis I, II, III
HB 110	Introduction to Botany and Herbs
HB 211/212/213/214	At least Two of Herbs: Category I, II, III, IV
AC 211	Meridian Theory
AC 111/112	Acupuncture Anatomy I, II
BS 211/212/213/214	At least Two of Anatomy & Physiology I, II, III, IV
WM 110	WM Terminology
WM 210	CNT, Equipment & Safety Review
WM 321	CPR & First Aid

##### **Steps to Registration:**

1. Clinic registration occurs the week after academic registration to allow students to plan shifts around their academic schedule. Registration days are set-up by level, with priority given to more senior interns. Information of registration periods will be posted on the clinic bulletin board at least 1 week in advance of the beginning of registration. (Please also refer to Academic Calendar on MSOM Catalog for more information about registration date).
2. On your registration day schedule shifts for the upcoming quarter with the Intern Coordinator. Scheduling shift is on first come first serve basis.
3. The Intern Coordinator will input your shifts into the school’s main registration system.

4. Intern orientation session is held at the beginning of each quarter and attendance is mandatory.
5. Purchase clinical equipment (DULA scrub, stethoscope, sphygmomanometer, thermometer, Tweezer, ear acupuncture probe, etc.)

**Requirements for Completion of Level I Observation and Herbal Practicum:**

1. 200 Hours: 80 hours Observation Theater, 80 hours Observation Rounds, 40 hours Herbal Practicum
2. Successful pass of Intern Evaluations by Clinical Faculty
3. Successful completion of treatment for 30 patient visits
4. Successful submission of 1 case study report

**Level II – Requirements and Application Procedures**

**Requirements for Entrance:**

Students must complete 200 hours of Level I Observation and Herbal Practicum and pass Level II exam (Mid-Curriculum Exam / MCE) with 70% passing grade. And Students must have successfully completed 100 units of didactic courses and these pre-requisite courses should be included.

OM 221/311/312	OM Diagnosis I, II, III
HB 211/212/213/214	Herbs: Category I, II, III, IV
BS 211/212/213/214	Anatomy & Physiology I, II, III, IV
AC 311/312	Acupuncture Physiology I, II
AC 321/322	At least One of Acupuncture Techniques I, II
TB 211	Tui-Na
BS 311	At least One of Pathology I, II, III

**Steps to Registration:**

1. Apply for and pass Level II exam (Mid-Curriculum Exam / MCE; Both written and Practical Exam).
2. Clinic registration occurs the week after academic registration to allow students to plan shifts around their academic schedule. Registration days are set-up by level, with priority

given to more senior interns. Information announcing registration times will be posted on the clinic bulletin board at least 1 week in advance of the beginning of registration. (Please also refer to Academic Calendar on MSOM Catalog for more information about registration date).

3. On your registration day schedule shifts for the upcoming quarter with the Intern Coordinator. Scheduling shift is on first come first serve basis.
4. The Intern Coordinator will input your shifts into the school's main registration system.
5. Purchase clinical equipment (Small penlight/flashlight, Reflex Hammer, Portable container for storage of supplies, and other optional supplies such as tuning fork, massage oil, and ambient music to provide to patients during treatment).

**Requirements for Completion of Level II Supervised Practice Internship:**

1. 320 Hours of supervised practice
2. Successful pass of Intern Evaluations by Clinic Supervisor
3. Successful completion of treatment for 150 patient visits
4. Successful submission of 1 case study report

**Level III – Requirements and Application Procedures**

**Requirements for Entrance:**

Students must complete 320 hours of Level II Supervised practice internship and pass Level III exam (Clinical Performance Exam / CPX) with 70% passing grade. And Students must have successfully completed 150 units of specific didactic courses and these pre-requisite courses should be included.

OM 411/412/413/414	At least One of OM Internal Medicine I, II, III, IV
HB 311/312/313/314	At least Two of Herbal Formulas 1, 2
AC 321/322	Acupuncture Techniques I, II
AC 411/412	At least One of Acupuncture Therapeutics I, II
BS 311/312/313	Pathology I, II, III
WM 311/312/313	At least One of Western Medicine I, II, III

**Steps to Registration:**

1. Clinic registration occurs the week after academic registration to allow students to plan shifts around their academic schedule. Registration days are set-up by level, with priority given to more senior interns. Information announcing registration times will be posted on the clinic bulletin board at least 1 week in advance of the beginning of registration. (Please also refer to Academic Calendar on MSOM Catalog for more information about registration date).
2. On your registration day, schedule shifts for the upcoming quarter with the Intern Coordinator. Scheduling shift is on first come first serve basis.
3. The Intern Coordinator will input your shifts into the school's main registration system.

**Requirements for Completion of Level III Independent Practice Internship:**

1. 440 Hours of Independent practice
2. Successful pass of Intern Evaluations by Clinic Supervisor
3. Successful completion of treatment for 200 patient visits
4. Successful submission of 1 case study report

**DATM Program**

**Level I – Requirements and Application Procedure**

**Requirements for Entrance:**

To apply Level I internship, Students must have successfully completed 60 units of didactic courses and these pre-requisite courses should be included.

OM 121/211	Basic Theory of OM I, II
OM 221/311/312	At least Two of OM Diagnosis I, II, III
HB 110	Introduction to Botany and Herbs
HB 211/212/213/214	At least Two of Herbs: Category I, II, III, IV
AC 211	Meridian Theory
AC 111/112	Acupuncture Anatomy I, II
BS 211/212/213/214	At least Two of Anatomy & Physiology I, II, III, IV
WM 110	WM Terminology

WM 210	CNT, Equipment & Safety Review
WM 321	CPR & First Aid

### **Steps to Registration:**

- Clinic registration occurs the week after academic registration to allow students to plan shifts around their academic schedule. Registration days are set-up by level, with priority given to more senior interns. Information of registration periods will be posted on the clinic bulletin board at least 1 week in advance of the beginning of registration. (Please also refer to Academic Calendar on MSOM Catalog for more information about registration date).
- On your registration day schedule shifts for the upcoming quarter with the Intern Coordinator. Scheduling shift is on first come first serve basis.
- The Intern Coordinator will input your shifts into the school's main registration system.
- Intern orientation session is held at the beginning of each quarter and attendance is mandatory.
- Purchase clinical equipment (DULA scrub, stethoscope, sphygmomanometer, thermometer, Tweezer, ear acupuncture probe, etc.)

### **Requirements for Completion of Level I Observation and Herbal Practicum:**

- 200 Hours: 80 hours Observation Theater, 80 hours Observation Rounds, 40 hours Herbal Practicum
- Successful pass of Intern Evaluations by Clinical Faculty
- Successful completion of treatment for 30 patient visits
- Successful submission of 1 case study report

## **Level II – Requirements and Application Procedures**

### **Requirements for Entrance:**

Students must complete 200 hours of Level I Observation and Herbal Practicum and pass Level II exam (Mid-Curriculum Exam / MCE) with 70% passing grade. And Students must have successfully completed 100 units of didactic courses and these pre-requisite courses should be included.

OM 221/311/312	OM Diagnosis I, II, III
HB 211/212/213/214	Herbs: Category I, II, III, IV
BS 211/212/213/214	Anatomy & Physiology I, II, III, IV
AC 311/312	Acupuncture Physiology I, II
AC 321/322	At least One of Acupuncture Techniques I, II
TB 211	Tui-Na
BS 311	At least One of Pathology I, II, III

**Steps to Registration:**

- Apply for and pass Level II exam (Mid-Curriculum Exam / MCE; Both written and Practical Exam).
- Clinic registration occurs the week after academic registration to allow students to plan shifts around their academic schedule. Registration days are set-up by level, with priority given to more senior interns. Information announcing registration times will be posted on the clinic bulletin board at least 1 week in advance of the beginning of registration. (Please also refer to Academic Calendar on MSOM Catalog for more information about registration date).
- On your registration day schedule shifts for the upcoming quarter with the Intern Coordinator. Scheduling shift is on first come first serve basis.
- The Intern Coordinator will input your shifts into the school's main registration system.
- Purchase clinical equipment (Small penlight/flashlight, Reflex Hammer, Portable container for storage of supplies, and other optional supplies such as tuning fork, massage oil, and ambient music to provide to patients during treatment).

**Requirements for Completion of Level II Supervised Practice Internship:**

- 320 Hours of supervised practice
- Successful pass of Intern Evaluations by Clinic Supervisor
- Successful completion of treatment for 150 patient visits
- Successful submission of 1 case study report

## Level III – Requirements and Application Procedures

### Requirements for Entrance:

Students must complete 320 hours of Level II Supervised practice internship and pass Level III exam (Clinical Performance Exam / CPX) with 70% passing grade. And Students must have successfully completed 150 units of specific didactic courses and these pre-requisite courses should be included.

OM 411/412/413/414	At least One of OM Internal Medicine I, II, III, IV
HB 311/312/313/314	At least Two of Herbal Formulas 1, 2
AC 321/322	Acupuncture Techniques I, II
AC 411/412	At least One of Acupuncture Therapeutics I, II
BS 311/312/313	Pathology I, II, III
WM 311/312/313	At least One of Western Medicine I, II, III

### Steps to Registration:

- Clinic registration occurs the week after academic registration to allow students to plan shifts around their academic schedule. Registration days are set-up by level, with priority given to more senior interns. Information announcing registration times will be posted on the clinic bulletin board at least 1 week in advance of the beginning of registration. (Please also refer to Academic Calendar on MSOM Catalog for more information about registration date).
- On your registration day, schedule shifts for the upcoming quarter with the Intern Coordinator. Scheduling shift is on first come first serve basis.
- The Intern Coordinator will input your shifts into the school's main registration system.

### Requirements for Completion of Level III Independent Practice Internship:

- 440 Hours of Independent practice
- Successful pass of Intern Evaluations by Clinic Supervisor
- Successful completion of treatment for 200 patient visits
- Successful submission of 1 case study report

## **PC700 Integrated Clinical Rounds**

### **Requirements for Entrance:**

Students must complete the overall clinical hours required in Clinical Internship Level III prior to begin this 40-hours of integrated clinical rounds.

### **Steps to Registration:**

To register on this clinical coursework, please contact the program director and Intern Coordinator.

### **Requirements for Completion of PC700 Integrated Clinical Rounds:**

1. Successful complete the 40-hours of coursework
2. Successful pass of Student's Evaluation by Clinic Supervisor
3. Successful completion of one case study with oral presentation



## **VI. COURSE DESCRIPTION**

### **MSOM Program**

The following are guidelines regarding the role of student and Clinic Supervisor at each level of clinical training.

#### **Level I (200 Hours) Observation and Herbal Practicum**

The first level of internship training consists of 200 hours of observation including 80 hours of observation theater, 80 hours of observation rounds, and 40 hours of herbal practicum. Interns are introduced to all aspects of the clinical practice of acupuncture and oriental medicine, observing the formulation of diagnoses and treatments performed by clinical faculty.

In observation theater (80 hours), level I interns have opportunities to see how oriental medicine theory and practice are combined. In each shift, scheduled patients are interviewed, diagnosed, and treated by clinic faculty while level I interns observe. Following each patient's treatment, discussion of the patient's case is conducted.

In observation rounds (80 hours), level I interns have experience in observing clinic faculty in interviewing, diagnosing, and treating patients, as well as assisting clinic faculty in taking and recording a patient's history and physical exam. Level I interns take the patient's pulse and observe the patient's tongue with instruction by clinic faculty to understand the clinic faculty's diagnosis and treatment plan.

In herbal practicum (40 hours), level I interns will have opportunities to identify herbs, learn how to assemble granule and bulk herb formulas, learn how to fill an herbal prescription, and become familiar with the dispensary operations. It is expected that all level I interns participate in keeping treatment rooms clean and stocked.

LEVEL I INTERN'S ROLE & RESPONSIBILITY	SUPERVISOR'S ROLE
<ol style="list-style-type: none"> <li>1. Observe whole treatment procedures performed by Clinic Faculty in OMC (80 hours Observation Theater)</li> <li>2. Assist Clinic Faculty in taking and recording patient's history and physical exams (80 hours Observation Rounds)</li> <li>3. Take patient's pulse and observe patient's tongue by instruction of Clinic Faculty (80 hours Observation Rounds)</li> <li>4. Categorize and organize herbs and check the herb inventory in Herbal Dispensary under the direction of Intern Coordinator and Supervisor (40 hours of Herbal Practicum)</li> <li>5. Keep a log of treatments observed and Prepare Herbal Dispensary</li> <li>6. Maintain cleanliness in Herbal Dispensary and treatment rooms with stocking medical equipment and supplies for patient treatment</li> </ol>	<p>Show the interns interview, diagnose, and treat patients with acupuncture, Herbal prescription and appropriate modalities.</p> <p>Teach interns conversation skills and bedside manners.</p> <p>Supervise interns' taking and recording patient's history.</p> <p>Teach category of Herbs and help interns learn how to maintain, organize, and make herbal formulas.</p> <p>Check intern list for the day and maintain his/her attendance file.</p> <p>Always check herb extractor safety and teach interns about safety measures.</p>

Objectives	<p><b>At the end of this level, students will be able to:</b></p> <ol style="list-style-type: none"> <li>1. Acquire a basic understanding of how to perform patient interview and diagnostic procedure with professionalism by observing supervisor's practice</li> <li>2. Obtain knowledge regarding techniques of Acupuncture treatment and other modalities by observing supervisor's practice</li> <li>3. Obtain knowledge in Herbal prescription with appropriate process of herbal dispensary by observing supervisor's practice</li> <li>4. Acquire proper patient management skills such as creating comfortable atmosphere for the patient with bedside manners and befitting attitude by observing supervisor's practice</li> </ol>
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	<ol style="list-style-type: none"> <li>5. Understand various treatment methodologies in assessing required treatment course and adjusting treatments for return patients by observing supervisor’s practice</li> <li>6. Describe and demonstrate beginning level of skills in performing a physical examination, Tongue diagnosis and pulse diagnosis</li> <li>7. Understand basic diagnosis and treatment plan</li> <li>8. Demonstrate knowledge of OM herbs, by category, properties, functions, indications and contraindications.</li> <li>9. Locate commonly used acupuncture points</li> <li>10. Learn and be knowledgeable about clinic rules and regulations including CNT, HIPAA, OSHA protocols</li> <li>11. Learn and be knowledgeable about Emergency Procedures and CPR protocols</li> </ol>
<p>Evaluation</p>	<p>Pass/fail depending on:</p> <ol style="list-style-type: none"> <li>1. Satisfactory performance of roles and responsibilities</li> <li>2. Achievement of objectives</li> <li>3. Successful completion of 1 case study report</li> </ol>

### **Level II (320 Hours) Supervised Practice**

Level II internship consists of 320 hours of supervised acupuncture and oriental medical practice. Under the supervision of their clinic supervisors, interns diagnose and treat patients in the OMC and at other off-campus health care sites. Working individually or in pairs, interns apply their knowledge and skills of oriental and western medical assessments to interview and assess the condition of each new patient, formulating potential diagnoses and treatment plans based on this assessment, including acupuncture and other oriental medical modalities. Interns then discuss this diagnosis and treatment plan with clinic supervisor and treat the patient under the direct supervision of the clinic supervisor. Interns are expected to demonstrate proficiency in treatment techniques covered in the courses of their didactic studies. Interns will render possible nutritional and/or lifestyle recommendations and offer them to the patient after consultation with the clinic supervisor. Interns will also incorporate

herbal formula derivation and modification into treatment plans. Interns are expected to inform their patients of the ingredients and proposed effects of the formula, formula preparation/cooking instructions, appropriate dosage guidelines, and possible adverse effects. Interns are responsible for filling the herbal formulas for their patients.

LEVEL II INTERN'S ROLE & RESPONSIBILITY	SUPERVISOR'S ROLE
<ol style="list-style-type: none"> <li>1. Interview, diagnose and develop treatment plan of acupuncture and herbs with other applicable modalities</li> <li>2. Perform Acupuncture treatment and Herbal treatment under the direct supervision of Clinic Supervisor</li> <li>3. Record patient chart and get Supervisor's signature.</li> <li>4. Return equipment and other materials to the original place after using them.</li> <li>5. Take patients to front desk after treatments and help them to get next appointment</li> <li>6. Organize and clean the treatment room after treatment and stock medical equipment and supplies for patient treatment.</li> </ol>	<p>Listen to what intern presents about patients' history, diagnosis, and treatment plan and assess intern's interviewing, diagnostic procedure and treatment plan.</p> <p>Visit patients with Interns to confirm intern's finding and supervise acupuncture and other Oriental medical treatments.</p> <p>Review Patient charts and confirm the completion of documentation before patients check out.</p> <p>Review Daily Internship Patient Record Sheet and Time Card and sign approval at the end of each shift.</p>

Objectives	<p><b>At the end of this level, students will be able to:</b></p> <ol style="list-style-type: none"> <li>1. Perform Acupuncture treatment, Herbal prescription, and other treatment modalities of patient under the direct supervision of Clinic Supervisor</li> <li>2. Demonstrate competency in acupuncture point location and needling technique</li> <li>3. Exhibit introductory competency in patient management by filling out necessary forms</li> <li>4. Take the Oriental and Western medical history of patients</li> <li>5. Perform complete patient’s physical examination</li> <li>6. Evaluate patients’ condition for referral to other healthcare practitioners</li> <li>7. Demonstrate professionalism, a positive attitude, and befitting bedside manner in welcoming and assisting patients</li> <li>8. Demonstrate introductory competency in written and oral communication skills with patients, colleagues, clinic staff and other healthcare providers</li> </ol>
Evaluation	<p>Pass/fail depending on:</p> <ol style="list-style-type: none"> <li>1. Satisfactory performance of roles and responsibilities</li> <li>2. Achievement of objectives</li> <li>3. Successful completion of 1 case study report</li> </ol>

### **Level III (440 Hours) Independent Practice**

Level III internship consists of 440 hours of independent practice of acupuncture and oriental medicine under the supervision of clinic supervisor. Interns complete a clinical impression and oriental medical diagnosis, as noted in Level II internship, for concurrence by the clinic supervisor. A treatment approach is recommended for concurrence by clinic supervisor, after which acupuncture or other modalities are employed to treat the condition. The clinic supervisor is not required to observe the actual diagnosis or treatment, but must be near the location where the patient is being treated. Interns are required to consult with the assigned clinic supervisor before and after each treatment.

LEVEL III INTERN'S ROLE & RESPONSIBILITY	SUPERVISOR'S ROLE
<ol style="list-style-type: none"> <li>1. Perform patient intake.</li> <li>2. Perform physical exam, patient diagnosis and treatment plan.</li> <li>3. Consult with Supervisor prior to patient treatment.</li> <li>4. Independently perform acupuncture treatment, herbal treatment, and other applicable modalities</li> <li>5. Consult with clinic office staff to confirm patient appointment date.</li> <li>6. Report immediately any problems or potential problems to the Supervisor.</li> </ol>	<p>Review intern's diagnosis, treatment content, treatment plan, acupuncture, herb, tui-na, moxibustion treatment.</p> <p>Render final diagnosis and treatment plan to begin treatment.</p> <p>Stay near interns and Be available when interns need help or advice.</p> <p>Confirm the completeness of treatment and advice any recommendation as needed.</p>

Objectives	<p><b>At the end of this level, students will be able to:</b></p> <ol style="list-style-type: none"> <li>1. Prescribe and provide acupuncture treatment, herbal prescription, and other treatment modalities</li> <li>2. Perform procedures in the treatment of patient independently</li> <li>3. Demonstrate mastery in acupuncture point location and needling techniques</li> <li>4. Evaluate patient's condition for referral to other healthcare practitioners, and consult with them</li> <li>5. Demonstrate professionalism, a positive attitude, and appropriate befitting manner to patients during the times in the clinic</li> <li>6. Demonstrate fluency in written and oral communication skills with patients, colleagues, clinic staff and other healthcare providers</li> </ol>
Evaluation	<p>Pass/fail depending on:</p> <ol style="list-style-type: none"> <li>1. Satisfactory performance of roles and responsibilities</li> <li>2. Achievement of objectives</li> <li>3. Successful completion of 1 case study report</li> </ol>

## MSOM Case Study Guidelines

Each student is required to complete and submit one written case studies for each level of internship. The case study is designed to enhance the intern's learning process. Students are warned that merely copying information from patient files is of minimal learning value. Students are encouraged to choose a patient that they have seen over 3 times and cases that are unique.

Preferable cases are exemplary as:

1. Good examples of the application Oriental Medicine theory;
2. Striking outcomes;
3. Outcomes were questionable, leaving room for research and analysis.

Case study formatting is listed below:

- Summarize basic patient information without using the patient's name or any other identifiers such as social security number. Briefly describe age, sex, occupation, medical history, chief complaint and any relevant western medical findings.
- Summarize OM's Ten Questions. Show all positive & negative findings, if significant. (i.e.: no ear ringing; low back pain in patient complaining of polyuria)
- Record initial pulse and tongue readings. Note any changes as the treatment progresses.
- Western view of patient's illness/injury. Outline the western medical understanding including Etiology of illness; diagnosis; physical assessments; and possible treatment protocols.
- Render OM Diagnosis including etiology and Explain how diagnosis was arrived at by specific elements of symptom/sign complex including pulse and tongue diagnosis, noting also any contradicting data.
- Describe treatment philosophy and plan conforming to Diagnosis: State the goal of treatment; choice of points and herbs explaining and defending your choices.
- Note patient progress: summarize patient progress over course of treatment. Note any unusual or significant changes or occurrences; note any changes in point choice, or in herb selection; explain and defend such change.
- Summarize and conclude: Include chief complaint and summary of progress to date. Assess the treatment and make conclusions and suggestion. Example: Explanation why this treatment

was not effective, what other treatment options might be applicable, how many sessions will be needed more to see expected outcomes.

## **DATM Program**

The following are guidelines regarding the role of student and Clinic Supervisor at each level of clinical training.

### **Level I (200 Hours) Observation and Herbal Practicum**

The first level of internship training consists of 200 hours of observation including 80 hours of observation theater, 80 hours of observation rounds, and 40 hours of herbal practicum. Interns are introduced to all aspects of the clinical practice of acupuncture and oriental medicine, observing the formulation of diagnoses and treatments performed by clinical faculty.

In observation theater (80 hours), level I interns have opportunities to see how oriental medicine theory and practice are combined. In each shift, scheduled patients are interviewed, diagnosed, and treated by clinic faculty while level I interns observe. Following each patient's treatment, discussion of the patient's case is conducted.

In observation rounds (80 hours), level I interns have experience in observing clinic faculty in interviewing, diagnosing, and treating patients, as well as assisting clinic faculty in taking and recording a patient's history and physical exam. Level I interns take the patient's pulse and observe the patient's tongue with instruction by clinic faculty to understand the clinic faculty's diagnosis and treatment plan.

In herbal practicum (40 hours), level I interns will have opportunities to identify herbs, learn how to assemble granule and bulk herb formulas, learn how to fill an herbal prescription, and become familiar with the dispensary operations. It is expected that all level I interns participate in keeping treatment rooms clean and stocked.



LEVEL I INTERN'S ROLE & RESPONSIBILITY	SUPERVISOR'S ROLE
<ul style="list-style-type: none"> <li>• Observe whole treatment procedures performed by Clinic Faculty in OMC (80 hours Observation Theater)</li> <li>• Assist Clinic Faculty in taking and recording patient's history and physical exams (80 hours Observation Rounds)</li> <li>• Take patient's pulse and observe patient's tongue by instruction of Clinic Faculty (80 hours Observation Rounds)</li> <li>• Categorize and organize herbs and check the herb inventory in Herbal Dispensary under the direction of Intern Coordinator and Supervisor (40 hours of Herbal Practicum)</li> <li>• Keep a log of treatments observed and Prepare Herbal Dispensary</li> <li>• Maintain cleanliness in Herbal Dispensary and treatment rooms with stocking medical equipment and supplies for patient treatment</li> </ul>	<p>Show the interns interview, diagnose, and treat patients with acupuncture, Herbal prescription and appropriate modalities.</p> <p>Teach interns conversation skills and bedside manners.</p> <p>Supervise interns' taking and recording patient's history.</p> <p>Teach category of Herbs and help interns learn how to maintain, organize, and make herbal formulas.</p> <p>Check intern list for the day and maintain his/her attendance file.</p> <p>Always check herb extractor safety and teach interns about safety measures.</p>

<p>Objectives</p>	<p><b>At the end of this level, students will be able to:</b></p> <ul style="list-style-type: none"> <li>• Acquire a basic understanding of how to perform patient interview and diagnostic procedure with professionalism by observing supervisor's practice</li> <li>• Obtain knowledge regarding techniques of Acupuncture treatment and other modalities by observing supervisor's practice</li> <li>• Obtain knowledge in Herbal prescription with appropriate process of herbal dispensary by observing supervisor's practice</li> <li>• Acquire proper patient management skills such as creating comfortable atmosphere for the patient with bedside manners and befitting attitude by observing supervisor's practice</li> </ul>
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	<ul style="list-style-type: none"> <li>• Understand various treatment methodologies in assessing required treatment course and adjusting treatments for return patients by observing supervisor’s practice</li> <li>• Describe and demonstrate beginning level of skills in performing a physical examination, Tongue diagnosis and pulse diagnosis</li> <li>• Understand basic diagnosis and treatment plan</li> <li>• Demonstrate knowledge of OM herbs, by category, properties, functions, indications and contraindications.</li> <li>• Locate commonly used acupuncture points</li> <li>• Learn and be knowledgeable about clinic rules and regulations including CNT, HIPAA, OSHA protocols</li> <li>• Learn and be knowledgeable about Emergency Procedures and CPR protocols</li> </ul>
<p>Evaluation</p>	<p>Pass/fail depending on:</p> <ul style="list-style-type: none"> <li>• Satisfactory performance of roles and responsibilities</li> <li>• Achievement of objectives</li> <li>• Successful completion of 1 case study report</li> </ul>

### **Level II (320 Hours) Supervised Practice**

Level II internship consists of 320 hours of supervised acupuncture and oriental medical practice. Under the supervision of their clinic supervisors, interns diagnose and treat patients in the OMC and at other off-campus health care sites. Working individually or in pairs, interns apply their knowledge and skills of oriental and western medical assessments to interview and assess the condition of each new patient, formulating potential diagnoses and treatment plans based on this assessment, including acupuncture and other oriental medical modalities. Interns then discuss this diagnosis and treatment plan with clinic supervisor and treat the patient under the direct supervision of the clinic supervisor. Interns are expected to demonstrate proficiency in treatment techniques covered in the courses of their didactic studies. Interns will render possible nutritional and/or lifestyle recommendations and offer them to the patient after consultation with the clinic supervisor. Interns will also incorporate

herbal formula derivation and modification into treatment plans. Interns are expected to inform their patients of the ingredients and proposed effects of the formula, formula preparation/cooking instructions, appropriate dosage guidelines, and possible adverse effects. Interns are responsible for filling the herbal formulas for their patients.

LEVEL II INTERN'S ROLE & RESPONSIBILITY	SUPERVISOR'S ROLE
<ul style="list-style-type: none"> <li>• Interview, diagnose and develop treatment plan of acupuncture and herbs with other applicable modalities</li> <li>• Perform Acupuncture treatment and Herbal treatment under the direct supervision of Clinic Supervisor</li> <li>• Record patient chart and get Supervisor's signature.</li> <li>• Return equipment and other materials to the original place after using them.</li> <li>• Take patients to front desk after treatments and help them to get next appointment</li> <li>• Organize and clean the treatment room after treatment and stock medical equipment and supplies for patient treatment.</li> </ul>	<p>Listen to what intern presents about patients' history, diagnosis, and treatment plan and assess intern's interviewing, diagnostic procedure and treatment plan.</p> <p>Visit patients with Interns to confirm intern's finding and supervise acupuncture and other Oriental medical treatments.</p> <p>Review Patient charts and confirm the completion of documentation before patients check out.</p> <p>Review Daily Internship Patient Record Sheet and Time Card and sign approval at the end of each shift.</p>

<p>Objectives</p>	<p><b>At the end of this level, students will be able to:</b></p> <ul style="list-style-type: none"> <li>• Perform Acupuncture treatment, Herbal prescription, and other treatment modalities of patient under the direct supervision of Clinic Supervisor</li> <li>• Demonstrate competency in acupuncture point location and needling technique</li> <li>• Exhibit introductory competency in patient management by filling out necessary forms</li> <li>• Take the Oriental and Western medical history of patients</li> <li>• Perform complete patient’s physical examination</li> <li>• Evaluate patients’ condition for referral to other healthcare practitioners</li> <li>• Demonstrate professionalism, a positive attitude, and befitting bedside manner in welcoming and assisting patients</li> <li>• Demonstrate introductory competency in written and oral communication skills with patients, colleagues, clinic staff and other healthcare providers</li> </ul>
<p>Evaluation</p>	<p>Pass/fail depending on:</p> <ul style="list-style-type: none"> <li>• Satisfactory performance of roles and responsibilities</li> <li>• Achievement of objectives</li> <li>• Successful completion of 1 case study report</li> </ul>

**Level III (440 Hours) Independent Practice**

Level III internship consists of 440 hours of independent practice of acupuncture and oriental medicine under the supervision of clinic supervisor. Interns complete a clinical impression and oriental medical diagnosis, as noted in Level II internship, for concurrence by the clinic supervisor. A treatment approach is recommended for concurrence by clinic supervisor, after which acupuncture or other modalities are employed to treat the condition. The clinic supervisor is not required to observe the actual diagnosis or treatment, but must be near the location where the patient is being treated. Interns are required to consult with the assigned clinic supervisor before and after each treatment.

LEVEL III INTERN'S ROLE & RESPONSIBILITY	SUPERVISOR'S ROLE
<ul style="list-style-type: none"> <li>• Perform patient intake.</li> <li>• Perform physical exam, patient diagnosis and treatment plan.</li> <li>• Consult with Supervisor prior to patient treatment.</li> <li>• Independently perform acupuncture treatment, herbal treatment, and other applicable modalities</li> <li>• Consult with clinic office staff to confirm patient appointment date.</li> <li>• Report immediately any problems or potential problems to the Supervisor.</li> </ul>	<p>Review intern's diagnosis, treatment content, treatment plan, acupuncture, herb, tui-na, moxibustion treatment.</p> <p>Render final diagnosis and treatment plan to begin treatment.</p> <p>Stay near interns and Be available when interns need help or advice.</p> <p>Confirm the completeness of treatment and advice any recommendation as needed.</p>

Objectives	<p><b>At the end of this level, students will be able to:</b></p> <ul style="list-style-type: none"> <li>• Prescribe and provide acupuncture treatment, herbal prescription, and other treatment modalities</li> <li>• Perform procedures in the treatment of patient independently</li> <li>• Demonstrate mastery in acupuncture point location and needling techniques</li> <li>• Evaluate patient's condition for referral to other healthcare practitioners, and consult with them</li> <li>• Demonstrate professionalism, a positive attitude, and appropriate befitting manner to patients during the times in the clinic</li> <li>• Demonstrate fluency in written and oral communication skills with patients, colleagues, clinic staff and other healthcare providers</li> </ul>
Evaluation	<p>Pass/fail depending on:</p> <ul style="list-style-type: none"> <li>• Satisfactory performance of roles and responsibilities</li> <li>• Achievement of objectives</li> <li>• Successful completion of 1 case study report</li> </ul>

### PC700 Integrated Clinical Rounds (40-hours)

The final clinical phase of the DATM clinical practice consists of PC700 Integrated Clinical Rounds. This course provides integrated clinical experience for students as they observe under the guidance of clinical faculty. Students incorporate evidence-informed integrative practice into the clinical application. Students will obtain competency in collaborating and communicating with other healthcare practitioners. At the end of the 40 hours, students submit a patient case study. The case study with appropriate details will be discussed and presented during the grand rounds with faculty. Students will also be provided a case based learning session that included various instructors from Oriental Medicine and Western Medicine field, therefore students may gain better understanding of case management from western and oriental medicine perspectives.

STUDENT'S ROLE & RESPONSIBILITY	SUPERVISOR'S ROLE
<ol style="list-style-type: none"> <li>1. Observes the Supervisor in regard to the patient care, assessment and treatment.</li> <li>2. Participate in the active discussion with the faculty from multidiscipline field and other fellow students.</li> <li>3. Perform patient intake.</li> <li>4. Perform physical exam, patient diagnosis and treatment plan.</li> <li>5. Consult with Supervisor prior to patient treatment.</li> <li>6. Independently perform acupuncture treatment, herbal treatment, and other applicable modalities</li> <li>7. Consult with clinic office staff to confirm patient appointment date.</li> <li>8. Report immediately any problems or potential problems to the Supervisor.</li> <li>9. Design 1 case study reflecting their learning experience and achievement form the clinical hours</li> </ol>	<p>Review student's diagnosis, treatment content, treatment plan, acupuncture, herb, tui-na, moxibustion treatment.</p> <p>Render final diagnosis and treatment plan to begin treatment.</p> <p>Stay near interns and Be available when interns need help or advice.</p> <p>Confirm the completeness of treatment and advice any recommendation as needed.</p> <p>Provides clinical expertise regarding patient diagnosis and treatment in the clinical setting.</p> <p>Provide active discussion with the student.</p> <p>Provides evaluation to the students in meeting the learning outcomes.</p>

Objectives	<b>At the end of this level, students will be able to:</b>
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	<ol style="list-style-type: none"> <li>1. Provides integrated clinical experience through their clinical practice in AOM field</li> <li>2. Incorporate evidence-informed integrative practice into the clinical treatments</li> <li>3. Able to collaborate and communicate professionally with other multi discipline healthcare practitioners</li> </ol>
Evaluation	<p>Pass/fail depending on:</p> <ol style="list-style-type: none"> <li>1. Satisfactory performance of roles and responsibilities</li> <li>2. Achievement of objectives</li> <li>3. Completion of one case study with oral presentation</li> </ol>

### **DATM Case Study Guidelines**

Each student is required to complete and submit one written case studies for each level of internship. The case study is designed to enhance the intern’s learning process. Students are warned that merely copying information from patient files is of minimal learning value. Students are encouraged to choose a patient that they have seen over 3 times and cases that are unique.

Preferable cases are exemplary as:

- Good examples of the application Oriental Medicine theory;
- Striking outcomes;
- Outcomes were questionable, leaving room for research and analysis.

Case study formatting is listed below:

- Summarize basic patient information without using the patient’s name or any other identifiers such as social security number. Briefly describe age, sex, occupation, medical history, chief complaint and any relevant western medical findings.
- Summarize OM’s Ten Questions. Show all positive & negative findings, if significant. (i.e.: no ear ringing; low back pain in patient complaining of polyuria)
- Record initial pulse and tongue readings. Note any changes as the treatment progresses.
- Western view of patient’s illness/injury. Outline the western medical understanding including Etiology of illness; diagnosis; physical assessments; and possible treatment protocols.

- Render OM Diagnosis including etiology and Explain how diagnosis was arrived at by specific elements of symptom/sign complex including pulse and tongue diagnosis, noting also any contradicting data.
- Describe treatment philosophy and plan conforming to Diagnosis: State the goal of treatment; choice of points and herbs explaining and defending your choices.
- Note patient progress: summarize patient progress over course of treatment. Note any unusual or significant changes or occurrences; note any changes in point choice, or in herb selection; explain and defend such change.
- Summarize and conclude: Include chief complaint and summary of progress to date. Assess the treatment and make conclusions and suggestion. Example: Explanation why this treatment was not effective, what other treatment options might be applicable, how many sessions will be needed more to see expected outcomes.



## VII. STUDENT EVALUATION

### MSOM Program

The OMC's level performance evaluation assists students in achieving the most from his/her clinical experience while fulfilling curricular requirements. Progression through students' level depend on attendance, evaluations of clinic competencies, attitude and conduct. The design and purpose of the quarterly evaluations is to determine whether the student has demonstrated sufficient learning and clinical competence to the assigned Clinic Supervisor.

### General Evaluation

All aspects of the students' learning and performance is assessed based on DULA's MSOM program educational goal:

- Demonstrate an understanding of the theoretical and historical contexts of Oriental Medicine;
- Apply this understanding to accurately diagnose patients;
- Utilize bio-medical diagnostic methods and refer to other practitioners as appropriate;
- Competently plan, perform, assess and adjust acupuncture treatments for common conditions and patterns;
- Competently prescribe and modify herbal formulae for common conditions and patterns;
- Embody and advise on healthy lifestyle choices; and
- Identify, define and model best practices for professional success.

Including;

- Technical competence (i.e.: diagnosis, treating, herb preparation, cleanliness, room preparation, etc.)
- Administrative ability (i.e.: report preparation, appointment, and charting etc.)
- General attitude (towards others in the clinic, cooperation, tolerance, punctuality, appearance, etc.)

The assigned Clinic Supervisor will prepare and submit student evaluation. In addition to these general evaluations, the student is assessed through Mid-Curriculum examination that may include practical and written components, and Clinical Performance examination. These Exam are designed to test specific skill sets and competencies that are expected to be obtained in the internship.

### **Final Evaluation for Completion of Internship**

At the end of clinical internship, each intern must have compiled the following:

- Total patient visits/treatments: 350 on patients log sheet
- Total internship hours: 960 hours on punch report
- Successful completion of 3 case study reports (1 per each internship level)
- CPR & First Aid card
- CNT Certificate

The Comprehensive Graduation Exam is the final method of evaluating didactic learning and clinical internship learning.

### **DATM Program**

The OMC's level performance evaluation assists students in achieving the most from his/her clinical experience while fulfilling curricular requirements. Progression through students' level depend on attendance, evaluations of clinic competencies, attitude and conduct. The design and purpose of the quarterly evaluations is to determine whether the student has demonstrated sufficient learning and clinical competence to the assigned Clinic Supervisor.

### **General Evaluation**

All aspects of the students' learning and performance is assessed based on DULA's DATM program educational objectives:

- Demonstrate an understanding of the theoretical and historical contexts of Oriental Medicine;

- Apply this understanding to accurately diagnose patients;
- Utilize bio-medical diagnostic methods and refer to other practitioners as appropriate;
- Competently plan, perform, assess and adjust acupuncture treatments for common conditions and patterns;
- Competently prescribe and modify herbal formulae for common conditions and patterns;
- Embody and advise on healthy lifestyle choices; and
- Identify, define and model best practices for professional success.
- Integrative diagnostic skills to provide effective patient care
- Familiarity with the contemporary community healthcare system
- Collaborate care with other healthcare professionals
- Developing and implementing systems and plans for professional development
- Assessing and integrating scholarship, research, and evidence-based medicine, or evidence-informed practice to enhance patient care and to support professional practice

Including;

- Technical competence (i.e.: diagnosis, treating, herb preparation, cleanliness, room preparation, etc.)
- Administrative ability (i.e.: report preparation, appointment, and charting etc.)
- General attitude (towards others in the clinic, cooperation, tolerance, punctuality, appearance, etc.)

The assigned Clinic Supervisor will prepare and submit student evaluation. In addition to these general evaluations, the student is assessed through Mid-Curriculum examination that may include practical and written components, and Clinical Performance examination. These Exam are designed to test specific skill sets and competencies that are expected to be obtained in the internship. The Comprehensive Graduation Exam is the final method of evaluating didactic learning and clinical internship learning. Student in DATM program is also required to successfully complete the 40-hours of PC700 Integrated Clinical Rounds.

### **Final Evaluation for Completion of Internship**

At the end of clinical internship, each intern must have compiled the following:

- Total patient visits/treatments: 350 on patients log sheet
- Total internship hours: 1000 hours on punch report
- Successful completion of 3 case study reports (1 per each internship level)
- Successful completion of 1 addition case study with oral presentation for PC700
- CPR & First Aid card
- CNT Certificate

## VIII. GUIDELINES FOR PROFESSIONAL CLINICAL CONDUCT

### MSOM and DATM Program Internship Clinic Hours

1. Students may register for a maximum of 4 shifts (160 hours) per quarter while taking didactic courses.
2. Level III Interns who have completed **all** didactic training may register for and complete up to 10 shifts (40 hours/week for a total of 400 hours) per quarter.
3. Students may complete internship hours during quarter breaks with the approval of the OMC Director. To be eligible, the student must have attended the mandatory clinic orientation session and completed all other requirements during the quarter. Students may complete a maximum of 80 hours of internship during any quarter break. Hours missed must be made up during the same quarter's vacation period – *not* after. Make-up hours are to be pre-scheduled and diligently completed.
4. Scheduled clinic hours/units must be registered. Students will not receive credit for clinic hours completed that are in excess of registered hours/units. Additionally, students will not receive credit for hours completed during shifts for which they are not registered, without written permission from the OMC Director.
5. The combining of more than one internship level during any given quarter is not allowed. For instance, if the student completes the Level II Internship during Fall Quarter, Level III Internship may not begin until Winter Quarter.
6. For DATM 40-hours of integrated clinical rounds, please contact program director and Intern Coordinator for more information regarding clinic hours and timeline management.

### Attendance & Punctuality

It is vitally important that students view attendance at the OMC as they would at a job. The smooth functioning of the clinic, as well as maintaining good relationships with patients and building patient retention for follow-up treatments depends on intern attendance and punctuality. Please adhere to your schedule; any unavoidable changes to your shift schedules **MUST** be arranged by written petition with Intern Coordinator and approved by the OMC Director.

Students are expected to be on time for each shift. It is suggested that students clock in before the shift actually begins. Clocking in after the shift begins or before the shift ends will result in having to complete make-up hours at the end of the quarter. For example, if your shift is from 6-10 pm, you must clock in no later than 6:00 pm and clock out no earlier than 10:00 pm. The following schedule may be used to determine any make-up hours that may be needed. Time is cumulative for each quarter:

- a) 31-75 minutes late:            Make up 2 hours
- b) 76-120 minutes late:        Make up 3 hours
- c) Missing more than 8 hours due to tardiness or absence during any quarter may result in having to repeat the entire 40-hour shift.
- d) Every missed shift and each missed hour must be made up.

In case of absence due to illness or other such emergencies, it is the student's responsibility to inform the Intern Coordinator at the beginning of the day, as well as provide documentation (doctor's note, etc.) for the absence. Lack of attendance on a scheduled day without a phone call is an unexcused absence. Unexpected and excessive absences and lack of punctuality are factors included in the evaluation of each student. **n remaining compliant with ACAOM regulations, three unexcused absences may result in an "F" grade for the shift and no hours earned.**

## Documentation of Clinic Hours Worked

1. Beginning Spring Quarter, 2017, all clinic hours attended must be documented by clocking in and out via fingerprint scan.
2. Students must clock out when going to lunch and returning for the afternoon shift. Lunch is not included in clinic hours.
3. Clinic internship / residency hours will be tallied and totaled electronically by the Intern Coordinator. All students should turn in their patient logs to the Intern Coordinator at the end of each quarter. These records become part of your permanent student file.
4. Credit will be given only for actual time logged in the clinic. For this reason, it is important that you arrange your schedule in such a way that clinic hours do not overlap with didactic/academic classes. Registration for didactic courses during the internship / residency 4-hour shift or vice versa will result in "F" grades for both.

- Attendance at clinic orientation and internship meetings are mandatory. **Interns may not begin internship unless they have attended the mandatory orientations.** Attendance will be taken and the latest updated information and important events will be discussed.

## Professional Conduct & Grooming

As an integral part of the internship and residency process, students are expected to cultivate and maintain a professional appearance and demeanor, keeping in mind that at all times they represent the University and also the acupuncture profession. DULA Scrubs and/or white lab coat, with nametag attached, are expected to be worn at all times while working and regularly taken home for laundering. Clothing must be neat, clean, odorless, wrinkle-free and always presentable; grooming should be appropriate to the clinical setting.

DO'S	DO NOT'S
<ul style="list-style-type: none"> <li>• Wear DULA scrubs</li> <li>• Wear socks/stockings</li> <li>• Wear shoes without holes</li> <li>• Tie back unruly hair</li> <li>• Tattoos that are offensive to patients and co-workers must be covered</li> <li>• Nametag must be worn at all times, and must be clearly visible</li> </ul>	<ul style="list-style-type: none"> <li>• Flip flop sandals, heels higher than 2"</li> <li>• Chewing gum in the presence of patients</li> <li>• Long nails interfering pulse-check/needling</li> <li>• Facial piercings, stretched ear piercing</li> <li>• Rings of more than 2 per hand</li> <li>• Earrings of more than 2 per ear</li> <li>• Hats, caps, headgear</li> <li>• Excessive make-up</li> <li>• Excessive perfume causing strong odor</li> </ul>

Designated "Theme days" attire will be allowed by approval of OMC Director.

As health care providers in training, students are required by law to maintain clean hands and fingernails. It is a health precaution for both your patient and yourself. Please be noticed that this

dress code will be strictly enforced; students who violate this dress code will not be allowed to have any shift for the day with warning, and will be forced to drop the internship for the whole quarter upon third violation without refund of tuition. Also, it is important to exhibit and maintain professionalism during clinic internship and residency. Therefore, any apparel against professionalism of health care provider in training will not be allowed.

## **Misconduct**

Students are required to comply with all provisions of the Program Catalog (MSOM / DATM). While in the OMC, students must also take care to avoid unbecoming, improper or unprofessional conduct, which includes the use of or residual effects of alcohol, and illegal drugs. Students must also avoid making false or misleading statements to a patient for incurable disease such as cancer, AIDS, leukemia or coronary artery disease. In addition to the above, the following are considered conduct unbecoming of university standards and will be reviewed by the OMC Director accordingly: injury of a patient during any procedure; removal of a patient file from the OMC or any other illegal act, theft, or willful destruction of DULA property; falsification of clinic records, including both patient records and intern / resident requirements, as well as signing in for another intern / resident; falsification of a Clinic Supervisor's signature; refusal to treat or otherwise provide assistance to any patient; the use of unauthorized procedures, techniques or therapies; moral turpitude; representation of an intern as a licensed doctor; violation of the OMC dress code.

## **Malpractice Insurance**

All students must ensure that they obtain malpractice insurance coverage, available from the main office for a flat fee, before the start of each quarter. Students who do not obtain coverage will not be allowed to perform treatments in the OMC.

## **Sexual Harassment**

The United States Equal Employment Opportunity Commission defines Sexual Harassment as “unwelcome sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature.” Such behavior is against the law. DULA is committed to creating a workplace for both its employees and its students free from sexual harassment so that all may enjoy their work.



Sexual harassment has no place in any healing environment, and sexual harassment against a DULA employee, fellow student or patient will be considered grounds for dismissal.

## **Use of Clinic Time**

Your clinic time is integral to the process of applied learning. Please avail yourself of knowledge to potentially be gained from every patient intake, observation and treatment. Studying in the intake room is not permitted, and students without scheduled treatments may either offer assistance to occupied students or study in the intern lounge, making themselves available for walk-in patients. Observers in the intake room should participate fully in diagnosis of new patients, listening and asking questions when the case is discussed by the treating student and the Clinic Supervisor. Questions should be directed to the patient only once, initiated by the student assigned to the patient. Be sensitive about asking personal questions, and please show consideration to the patient by not talking amongst yourselves or working excessively on chart notes during an intake and diagnosis. During downtime without patients, it is suggested that students discuss questions they may have on various topics with a free Clinic Supervisor, or help each other by practicing point location or techniques, reviewing point or herbal selection strategies or studying through an area of weakness. Students are asked to please confine their discussions to the Intern Lounge or Conference Room, in order to keep the reception and waiting areas quiet and professional.

Clinic Supervisors may neither fill out prescriptions for nor discuss the illnesses of students or their family members during clinic hours, unless that family member has made an appointment and is present in the clinic as a patient. Because of the time-pressure under which Clinic Supervisors are placed while in the clinic, students are requested to refrain from asking questions of Clinic Supervisors during clinic hours which are unrelated to immediate clinic function and necessity (e.g. concerning classroom courses).

## **Cell Phones, Pagers and other Electronic devices**

Cell phone use by students in treatment rooms and hallways is strictly prohibited. Students are required to switch their phones off or into silent mode while on shift. All other Electronic devices are

prohibited in examination or treatment areas unless Clinic Supervisor approves for clinical use only with patient consent.

## **Equipment**

Students are required to purchase the following equipment upon enrollment in acupuncture techniques courses and is used throughout the internship. Equipment is to be maintained in excellent condition. The list of the instruments and supplies required by all students is as follows:

### **Level I (MSOM and DATM)**

1. DULA scrub
2. Nametag
3. Stethoscope
4. Sphygmomanometer (manual)
5. Matches/lighter
6. Tweezer or Forceps
7. Ear acupuncture probe

### **Level II, III (MSOM and DATM)**

1. DULA scrub
2. Nametag
3. Stethoscope
4. Sphygmomanometer (manual)
5. Matches/lighter
6. Tweezer or Forceps
7. Ear acupuncture probe
8. Small penlight/flashlight
9. Reflex Hammer
10. Portable container for storage of supplies

## **Smoking and Alcohol**

Smoking/Alcoholic beverages are not permitted within the confines of the OMC. Students shall not consume other drugs that may alter the student's performance prior to working with patients.

## **Food and Beverages**

Food and Beverages are to be confined to designated areas. Food and beverages are not permitted in examination or treatment areas.

## **Use of Lavatories/Restrooms**

Always wash hands after visiting the lavatory/restroom following CNT protocols.

## **Bulletin Board Postings**

The OMC regularly updates its bulletin boards with various important communications to students. No postings may be made or removed without appropriate authorizations.

## **Infractions, Incident Reports & Disciplinary Action**

When a student is found to be in violation of any policy or protocol listed in this handbook, staff and Clinic Supervisors will file an incident report. The report will be forwarded to the OMC Director for review, investigation and action, and then the OMC Director will discuss the report with the student, who at that time will have the opportunity to explain and/or refute the alleged incident. The disciplinary action will be commensurate with the nature and severity of the infraction, and may be influenced by prior history of infractions and /or recommendations by a Clinic Supervisor or staff member. If warranted, the OMC Director will refer the matter to the Executive Committee for further investigation, following protocols outlined in the Program Catalog.

The following guidelines may be used as the minimum disciplinary action for first/single violation of the infractions listed below. The disciplinary actions may include but are not limited to a loss of credit earned and/or any other actions deemed appropriate by the OMC Director. Repetitive or multiple offenses will result in more severe penalties, possibly including dismissal from the OMC.

OMC also reserves the right to impose disciplinary actions for infractions that are not listed below. The following list exemplifies infractions that will result in disciplinary action including but not limited to failure of clinical internship, loss of credit, suspension and expulsion:

- Unauthorized treatment of patients, including but not limited to unauthorized chiropractic adjustments, unauthorized needling and/or herbal recommendations
- Treatment of OMC patients outside of the OMC or one of its supervised programs
- Fraudulent entry into the patient record, including but not limited to entering false data and failing to enter pertinent information
- Inappropriate dress and/or poor personal hygiene
- Failure to follow or carry out a Clinic Supervisor's recommendations or orders
- Failure to maintain patient records in the appropriate filing area in the OMC
- Failure to follow OMC policies and procedures
- Forgery of any document or instrument related to OMC activity
- Utilizing evaluation or treatment techniques that are not authorized in the OMC

### **Appeal of Disciplinary Judgment**

See [Program Catalog](#) for description of procedures and the appeal process for disciplinary actions involving clinic internship / residency failure and other disciplinary actions.

## **IX. PATIENT TREATMENT PROTOCOL**

### **Patient-Intern/Resident Relationship**

Students are expected to protect patients' rights to privacy and confidentiality, following protocols outlined by HIPAA (for more detail please consult the [HIPAA Handbook](#)). This not only applies to patients' health and treatment but also all communications occurring between patient and intern/resident. Discussions with Clinic Supervisors and students regarding patients' health concerns often involves matters personal and sensitive to the patient. All such discussions must take place only in clinic areas where patient confidentiality can be protected. Students must also take all precautions to avoid any situation where a patient is completely disrobed without clinical justification. Patients must be enrobed appropriately during examinations and treatment. A patient may not be involved in case demonstrations involving students without the patient's full and informed consent. Both Clinic Supervisors and the OMC Director maintain oversight over such issues and are obligated to take disciplinary action when necessary.

Unassigned, non-observing and non-treating students may not be present in the treatment room to observe either the treatment, evaluation or examination of patients without the patient's full and informed consent. All clinical case demonstrations and observations shall be scheduled and conducted by Clinic Supervisors.

During the treatment process, patients must not be left alone in the treatment room. To monitor treatment and to protect the patient, at least one intern must be present at all times.

### **No Fraternization Policy**

Relationships between students and members of the OMC must be maintained within acceptable professional and ethical boundaries. Students are prohibited from dating or engaging in any intimate and/or sexual activity with their assigned patients and with any patient or staff member of a DULA affiliated outreach activity or program. Students violating this policy will be removed and/or excluded from the DULA activity or program.

## **Appointments**

Students are encouraged to refer prospective patients to the OMC to take advantage of its quality care and affordable rates. The Intern Coordinator schedules patients to Clinic Supervisor who has specialties related with patients' complaint. Both the Intern Coordinator and the Clinic Receptionist book all patient appointments and Students are not allowed to book appointments for patients; the Intern Coordinator keeps the front desk informed of all students' and Clinic Supervisors' schedules to aid patients who wish to receive treatment by a specific student or Clinic Supervisor.

## **Patient Management**

Once the DULA OMC Staff (Receptionist) has prepared a patient's file, the staff will call the student's name. The student will then proceed to the front of OMC Pharmacy front desk to receive the patient's file and then greet the patient that he/she is assigned.

Students are not allowed to enter OMC Pharmacy room unless permitted by the OMC staff and/or Clinic Supervisor. Students may ask permission to OMC staff and/or Clinic Supervisor at any time to enter the OMC Pharmacy if they need to, for example if the students need to check the current stock of herbs that the OMC has. In case when students need to request to use OMC equipments (such as acupuncture needles, moxa, E-stim, guasha, cotton balls, hand gloves, alcohol swab, etc), they may request with the OMC staff in charge in front of the OMC front desk for assistance.

After greeting a new patient and introducing themselves, students are expected to provide the patient with a brief explanation of the intake/diagnosis procedure. Follow-up patients should be acknowledged in the waiting area; this is particularly if a student is behind in schedule, to ensure that the patient is able and willing to wait. If a student is more than 15 minutes late to the call or not responding after 3<sup>rd</sup> call from front desk, his/her patient will be assigned to another student. Scheduled patients have priority over walk-in patients, but if a patient is more than 20 minutes late for an appointment, students should check with the Receptionist to determine whether the patient may still be seen that day.

## **Patient Consent**

Prior to treatment, Clinic Supervisors and students shall confirm that the patient has signed all informed consent forms. Patients may not be treated at DULA OMC unless all required consent forms are signed.

## **Patients' Right to Refuse Treatment**

When advising patients of the proposed course of treatment and the various possible clinical protocols involved, Clinic Supervisors and students shall respect any patients' right to reject treatment of any or all procedures and/or protocols. Should the patient refuse part or all of the proposed treatment, the student must document such refusal in the patient file. In any event, the patient is entitled to be fully informed of the diagnoses, examinations and any health care outcomes assessed by the Clinic Supervisor or student, who are obligated to clearly and thoroughly inform and explain proposed treatment protocols along with potential risks prior to initiating treatment.

## **Patient Check-Out & Follow-up**

Once a treatment is finished, the student must ask assigned Clinic Supervisor about follow-up plan and escort the patient to the front desk for check out and schedule follow-up visits, as recommended by Clinic Supervisor. Students are responsible for cleaning up the treatment room and any equipment used during the patient visit following each treatment.

If a patient fails to keep a scheduled appointment, the student assigned to that patient must inform the OMC front desk. The OMC front desk staff may either request the student to call the patient or make the call themselves to determine if the patient is all right and whether or not he/she wishes to re-schedule.

## **Clinical Records Policy**

All patient files, including chart notes, exam results, x-ray films, test results and narratives, are the property of DULA and are protected by patient confidentiality laws and regulations. Copies may be provided to the patient or other authorized recipient only after properly executed forms are

submitted according to due process (see [HIPAA Handbook](#)). Note that HIV-related information is not covered by standard record release authorizations; separate and distinct authorization is required to release HIV information.

Clinic Supervisors and students must maintain accurate, detailed and thorough documentation and charting within patient files. Adequate charting accurately and legibly documents a patients' progress throughout the treatment course. All documents in the patient file shall indicate the date of treatment, treatment protocols utilized, student name and Clinic Supervisor name. White out should never be used to correct errors; all errors should be neatly drawn through with a single line and initialed.

After treating a patient, charting and obtaining a Clinic Supervisor's signature, the student must return their file to Clinic Receptionist or Intern Coordinator. Strict compliance with this procedure secures patient privacy and limits the legal liability of lost files. If a patient's file is needed for case discussion or case study preparation, a student may request the file from the Intern Coordinator who will record the date and time the file was taken out, and by whom.

Unless the patient authorizes and consents in writing, patient files or copies of such may not be removed from the OMC. Copies of patient files may be forwarded pursuant to request made by a duly authorized health care provider or to request by legal authority. The OMC Director shall be primarily responsible to approve all requests for copies of patient files and to ensure payment for such copies is received. Unauthorized removal or transmission of any original or copies of patient records is prohibited and will be considered a violation of clinic policy, potentially resulting in disciplinary action.

#### Clinical Records Keeping Procedure:

1. Patients check in on sign-up sheet by writing their name and time in presence of the appointment time.
2. After, the receptionist pulls out the patient file from fire-resist cabinet in herbal dispensary, and hand over the file to student for intake.
3. After the treatment, the student returns the file to receptionist, and receptionist put the file in the last drawer of cabinet.
4. At the end of shift, Clinic Supervisors come to herbal dispensary and pull their patient files for final check.



5. If all the patient files have both student and Clinic Supervisors' signature and completed, the receptionist returns it to the cabinet where it belongs.
6. The patient file is arranged in alphabetic order.

## **Treating Patients**

Students may not alter, modify or otherwise in any way change the Clinic Supervisor approved treatment protocols and herbal prescription. In the event that a student alters, modifies or otherwise changes the approved treatment protocol or herb prescription, disciplinary procedures may be imposed on such student up to and including disqualification of internship hours for one quarter and dismissal from DULA.

Prior to treatment, patients must be examined. Further examinations must be conducted to assess patient progress. A final examination is required in order to discharge the patient from OMC care. Treatments may not vary from established clinical practice of the acupuncture and Oriental medical practitioner community in California. Treatment modalities that are within the acupuncture and Oriental medical practitioners' scope of practice pursuant to California law are currently: electro-acupuncture, acupressure, cupping, indirect moxibustion, oriental massage (Tuina), breathing techniques, exercise, nutritional counseling, heat lamps, hot/cold therapy, herbal formula and patient informal counseling.

## **Referring Patients to Other Health Care Providers**

Patient referral to other health care providers shall be made only by Clinic Supervisors when it is determined that the patient requires care that is outside the scope of practice of a licensed acupuncturist. In the event the patient is referred to another health care provider, the Clinic Supervisor must document the recommended referral in the patient's file. The Clinic Supervisor must record the health care provider's name and contact information if available.

## Treating Students

Students may receive treatments during clinic hours for which they are not assigned intern duties. An exception may be made if a student is not feeling well during clinic hours and would prefer to receive treatment. He/she may then do so after clocking out of the clinic and checking with the supervising doctor and the OMC front desk.

## Teaching Clinic

Patients are aware that the OMC is a teaching clinic. Observers should at all times be able to enter treatment rooms and follow patient treatments. Students must inform OMC front desk staff if a patient object to being observed by students. Clinic Supervisors may request an exception to student presence in the treatment room if requested by the patient. Limitations of student presence may include minimizing the number of students in the treatment room at one time or patient preference of the gender of the student(s). Students must be sensitive to the requests and emotional needs of the patient.

## Herbal Prescriptions

Herbal prescriptions are filled either by the Intern Coordinator, Herbologist, an observing intern, resident or Clinic Supervisor. An herbal formula sheet must be completed before the prescription is filled, and Clinic Supervisors must approve all herbal prescriptions by signing both the prescription sheet and the patient chart. Herbal prescriptions written by non-affiliated practitioners cannot be filled through the OMC Herbal Dispensary. Students must inform the patient of the cost of herbal formulas before they are filled.

Raw herbs should be placed in the provided bag, with the patient's name and date of prescription clearly written on the front of the package; total cost to the patient should also be noted. It is the student's responsibility to explain to the patient how to take their prescribed herbs. If the formula is meant for external use only, this must be marked clearly, in red, on the bag. If the formula is in the form of a prepared herb pill, a label must be affixed to the pill container that includes the following: patient's name, date administered, indicated dosage. This information must also be listed

in the patient's chart. Leave all prescriptions at the receptionist's desk. Patient will be directed to pick-up their herbal prescription after making payment. Do not give herbs directly to the patient.

## Herbal Housekeeping

Students must assist the Intern Coordinator in keeping the herb drawers full. Herbs may be restocked from bins inside the storage room adjacent to the Herbal Dispensary. Empty or near-empty supplies are to be noted on a re-order list. Students are also responsible for keeping the herbal dispensary table, herbal and file cabinets, floor and all adjoining areas clean and orderly. Students may be called upon to prepare herb samples for classes and to assist the front desk or the Intern Coordinator if requested.

## Referring Patients to Herbal Emporiums and External Pharmacies

Referring patients to other pharmacies for filling herbal prescriptions may raise legal issues. Because the herbs were prescribed by the OMC if the patient experiences any adverse reaction, DULA may have legal liability. It is therefore against DULA policy to refer any patient, in person or over the phone, to any non-DULA herb store.

## Herb Return Policy

Students must inform the patient of the approximate cost of herb formulas **before** filling the prescription. Since herbal formulas (raw and powdered herbs) are custom prescribed they cannot be reused. Therefore, the OMC maintains a no return policy. It is recommended that if a formula is being given to a patient for the first time, initially prescribe a smaller amount. If the patient does not experience adverse reactions to the herb formula(s), he/she may obtain a larger refill at his/her next visit. Patients who are to pick up herbal formulas must be requested to pay in full and in advance for the herbs.

## **Patient Rights & Responsibilities**

OMC students and Clinic Supervisors must ensure the following patient rights are upheld:

- Impartial access to care, irrespective of race, gender, religion or national origin
- Respectful and considerate care in an environment that permits reasonable privacy
- Request to have another person present during examination and/or treatment
- Complete, current information concerning his/her diagnosis, treatment and prognosis
- Informed consent regarding procedures, risks and alternatives
- Prompt and reasonable responses to questions and requests
- Refusal of treatment, except as otherwise provided by law
- Know the identity and professional status of the individuals providing service, and to know who has primary responsibility for coordinating his/her care
- Reasonable safety within a health care environment
- Expectation that all communications and records pertaining to his/her care will be subject to appropriate confidentiality
- By fully advised of and accept or refuse to participate in any research project and/or experimental procedure(s)
- Examine and receive an explanation of charges for services rendered
- Express grievances regarding any perceived violation of his/her rights, through the institution's grievance procedure, to appropriate regulatory agencies

## **Patient Grievance Policies and Procedures**

These policies and procedures are intended to provide a mechanism for responding to and resolving patient complaints and allegations. All written complaints or allegations by a patient (or his/her legally recognized advocate) regarding his/her handling or treatment by DULA, or made more specifically against a DULA student, Clinic Supervisor or clinic staff member must be forwarded to Intern Coordinator, Clinic Supervisor and/or OMC Director.

Resolving complaints through informal patient interaction with the Clinic Supervisors or staff is encouraged. When such conversations fail to produce satisfactory resolution, or when the complaint involves unprofessional or unethical behavior, or when the complaint is made in writing, the OMC Director must be informed.

The OMC Director shall respond in writing to all written complaints or allegations. When indicated, the OMC Director shall forward information regarding the patient's complaint or allegation to Executive Committee for appropriate action. For each written complaint, the OMC Director will retain for at least one year a file consisting of the complaint or allegation, any investigation notes and associated documentation, the written response and any other related correspondence.

### **Care of Minors/Parental Consent**

A parent or guardian must provide written consent for the evaluation or treatment of any patient under the age of 18.

### **Patient Confidentiality**

All information obtained about the patient must be held in the strictest confidence, including case history, interviews, patient records or verbal interactions. Discussion with the Clinic Supervisor and/or student is necessary. However, discussions about individual cases in the clinic should be limited. Patient information should never be shared with other patients. Students are responsible for their patient's file during the clinic shift. Files will be signed in and out by the student to ensure that the whereabouts of every patient chart is known. Patient names or other identifiers may not be used in case history presentations or in clinic notebooks. Patient initials may be used in place of names in order to identify individual cases.

### **Patient Gowning and Draping**

Prior to undergoing examination, patients should be instructed to remove all clothing except undergarments, if necessary, for the examination, and to wear an examination gown with opening to the back or front. Areas receiving treatment must be exposed to allow direct visualization of needles. Patient draping is essential when palpating and/or needling sensitive, private areas of the body such as the abdomen, and near the breasts, buttocks or groin areas. In cases of males treating females and females treating males, particularly when palpating or needling private body areas, a Clinic Supervisor or fellow intern should always be present.

## X. PATIENT TREATMENT COSTS

### Standard Fees

All students must be fully informed of the cost of treatments to be rendered. Some insurance plans may be accepted for full or partial payment for services rendered at the OMC which include Worker’s Compensation, Medi-Cal and some managed care plans. Patients are responsible for payment for all uncovered services, including deductibles and co-payments. Patients will be given payment receipts that they may submit to third parties for reimbursement. Payments are to be received only by the front office staff person authorized to receive patient payments.

### Discounted Rates

Special treatment rates are offered to the following groups: seniors (65+), low income patients, current active (must registered for 6 units minimum) DULA students and their immediate family.

<b>ACUPUNCTURE TREATMENT</b>	
Intern.....	\$30.00
Clinical Acupuncturist .....	\$50.00
Supervisor.....	\$75.00 & Above
<b>CONSULTATION ONLY / DIAGNOSTIC MACHINE</b>	
Intern .....	\$20.00
Clinical Acupuncturist .....	\$30.00
Supervisor.....	\$40.00
Inbody Diagnosis.....	\$15.00
Medical Diagnostic Machine.....	\$50.00
<b>HERB</b>	
Pill (White Bottle).....	\$22.00
Capsule (Yellow Bottle).....	\$30.00
Raw.....	\$10.00/day & Above
Decoction (Boiling).....	\$250.00 & Above
<b>DISCOUNT INFORMATION</b>	
Acupuncture Treatment	
Senior (Above 65) .....	\$25.00
Low Income (Up to 64) .....	\$20.00
DULA Student / Alumni / Staff / Family.....	\$15.00
Herbs	
Pill (White Bottle) .....	\$15.00
Capsule (Yellow Bottle).....	\$21.00
<b>ADDITIONAL MODALITIES</b>	
Tuina Massage (30 Mins. Max)	
By Intern.....	\$10.00/10 Mins.
By Supervisor .....	\$30.00/10 Mins.
Add Guasha.....	\$10.00
Electrical Stimulation.....	\$10.00
Moxa (Heat Therapy).....	\$10.00
Back & Front Acupuncture .....	\$10.00
Regular Cupping Therapy .....	\$10.00
Fire Cupping Therapy.....	\$10.00
Ear seeds .....	\$5.00
<b>DOCUMENTATION FEE</b>	
Medical Record .....	\$25.00
Payment History .....	\$25.00
Medical Record + Payment History.....	\$50.00
+ Fax.....	\$5.00
Returned Check Penalty .....	\$25.00
* Processing time: 6 business days	

**DISCLAIMER**

- Discounts are only applicable for acupuncture treatment and pill/capsule herb.
- Proof of document for low income must be updated annually.
- Student must be enrolled in the current quarter with at least 6 units registered.
- Student family members must be direct (Spouse, Parents, Children, Siblings).
- Additional modalities are not provided without acupuncture treatment.
- Approval of supervisor/clinical acupuncturist is required for additional modalities.

\*All information may be changed by DULA Oriental Medical Center at any time without prior notice or explanation to the customer.

Effective date: July 1<sup>st</sup> 2021

\* All information maybe changed by DULA Oriental Medical Center (OMC) at any time without prior notice or explanation to the customer.

For more information regarding patient treatment costs, please contact DULA Oriental Medical Center (OMC) directly at 213-487-0150.

## **XI. CHARTING & CLINIC PROCEDURES**

The patient chart is a legal document, serving as validation and record of services rendered. It also tracks and monitors the patient's condition over time, including written record of treatment followed, and the patient's response to that and past treatments. Inadequate charting may lead to inadequate treatment or poor documentation of treatment rendered, leaving the OMC and its Clinic Supervisors liable should the charts be used in legal proceedings. Therefore, it is in both the patient's and DULA's best interest to render the best possible service with the maximum amount of information. In order to ensure proper documentation, both the information sheet and intake sheets have been designed to assist you in your clinical work. Any suggestions for improvement will be welcomed by the OMC Director.

In addition to providing medical and legal records of treatment, the patient chart may be necessary to communicate information to other health care providers. All involved practitioners may use the patient's record of treatment to monitor the patient's progress, therefore accuracy, legibility, clarity and completeness are essential.

Since patient records are confidential and legal documents it is required that they be maintained securely; the proper maintenance of these documents cannot be understated. Patient records may not be copied, photographed or otherwise reproduced, and they may not, for any reason, be removed from the OMC. The inclusion of patient names into student notebooks or charts is not permitted and students should identify the patient by his/her initials only. Compromising the security and confidentiality of patient files is grounds for dismissal from the OMC.

### **Range of Treatment**

Upon arriving at the clinic, patients will be given standard medical forms that will assist the student in his/her understanding of the patient. Students must carefully review all information provided and ensure that the patient has responded to all items. Pursuant to DULA's malpractice insurance policy, only patients who sign the arbitration agreement will be seen and treated.



## Charting Styles

There are two main types of charting styles:

### General

Overall findings including patient progress, patient complaints, pulse, tongue, treatment plan, treatment used and results.

### Specific

“SOAP” note protocol. This is used to identify the patient’s statements, observations by practitioners, findings and treatment. This is usually referred to as S.O.A.P. charting which stands for Subjective, Objective, Assessment and Procedure/Plan.

**Subjective:** Described by the patient; their reported symptoms as well as their self-appraisal should be quoted in their own words. Both positive and negative symptoms should be recorded. The response to treatments is also recorded in the patient’s own words.

Example: S (Subjective) - “I sleep a lot,” “I get out of breath easily,” “lately I feel very tired,” “my hands and feet are always icy cold,”

**Objective:** Clinical signs obtained through observation, assessment or palpation by the student. Any pertinent medical test results supplied by the patient should be noted here.

Example: O (Objective) - Dark circles around eyes, yawning, sighs frequently, cyanotic fingernails, pulse: weak and thready; tongue: pale.

**Assessment:** Conclusions reached based on observation, inquiry, palpation and other assessment tools and based on patient response to treatment and recommendations.

Example: A (Assessment) - Deficiency of kidney Qi. Deficiency of Lung Qi.

**Procedure/Plan:** This is a notation of the treatment plan and specific therapeutic intervention performed and plan for follow up visits, including patient education and treatment plan.

Example: P (Procedure/Plan) - Energize and Tonify LU1, LU7, K3, SP6.

DULA's OMC uses the "Specific" charting format with the SOAP notes protocol. All charting and comments listed in the patient's charts are to be written in English. There will be no exceptions. To maintain clarity and legibility, charting must be done in black ink. Students are reminded that before any treatment can be initiated the Clinic Supervisor must initial the patient's chart indicating his/her approval of the proposed course of treatment.

Because patient files are medical records and legal documents that serve as evidence of services rendered, the following guidelines are to be followed during every intake:

- All written entries should be charted in black or blue ink
- All entries must be clearly dated using the month, date and year
- Record all data collected from and about the patient
- Be certain that entries are not ambiguous and can be clearly interpreted
- Record ALL recommendations made to the patient, including diet, herbal, exercise and life-style recommendations
- Document any mishaps or unusual occurrences such as fainting, moxa burns or bruising from needles or cupping by completing an Incident Report Form as deemed necessary by the Clinic Supervisor
- Document any referrals made to other health care practitioners or physicians, the reason for the referral and the date of the referral
- Document any phone calls or other pertinent interactions with the patient, including content of the communication, date and time
- Document evidence of patient non-compliance
- NEVER destroy or replace a prior record. To correct a notation, draw a single line through it, allowing it to remain readable, and complete the correction as necessary, finishing with your initials and the date.

## **Patient Intake Procedures**

The patient intake is the most important tool for assessing a patient's condition and to deliver a meaningful diagnosis. The patient intake form is comprised of questions regarding all aspects of a

patient's health. Vital signs are an important part of the intake and must be taken and documented. Student should understand the purpose of the questions and be efficient in gathering information. An effective treatment depends on a thorough intake. For returning patients, the student must review the patient's record thoroughly. Observing interns must only observe the treating intern and/or Clinic Supervisor as he/she asks questions of the patient and wait until invited to ask any questions.

## **Formulating Diagnoses**

Once all relevant information has been gathered and assessed by the student, he/she will present the case to the Clinic Supervisor who will then accompany the student to re-examine the patient and review the findings. A diagnosis, treatment principle and treatment plan will have been formulated by the student and reviewed by the Clinic Supervisor. The internship level and competency of the student will determine the extent and nature of the Clinic Supervisor's input.

## **Treatment Plan**

The treatment plan is a natural extension of the diagnosis. Once the student and Clinic Supervisor have agreed upon a treatment plan, the student may begin the treatment. A treatment plan that has been approved may not be altered in any way without the express written approval of the Clinic Supervisor. All changes and additions must be indicated on the intake form. Never erase anything, and never, ever use white-out on a patient chart. Mistakes are to be neatly lined through so as to be visible, with initials and the date written to the side of the correction. Students operate under the Clinic Supervisor's acupuncture license and are therefore obligated to follow his/her instruction. In the event of unauthorized additions/changes, written warnings will be issued, and no credit will be granted for that treatment.

## **Needle Count**

Accounting for every needle used is essential for patient safety. It is critical that students count the number of needles inserted prior to leaving the patient to rest. When removing the needles after the treatment, the number must coincide with the number indicated on the intake form. Keeping an accurate needle count ensures that you will remove each needle and prevent the patient from

leaving the table with a needle in their body since it is possible to overlook a needle has been inserted in an obscure location or has broken.

## **Patient Comfort**

Once the patient has rested for approximately 10 minutes, the student should check on his/her comfort. Patients at times may move and disrupt a needle position, creating significant discomfort. A heat lamp can also create discomfort from either insufficient or over abundant warmth; it is important to ensure heat lamp settings are optimal and safe before leaving the room. Lighting should also be adjusted for optimal comfort. Before leaving the patient, students should be sure to ask if they have any additional needs that can be met in order to best promote their ability to relax and enjoy the treatment. Needles are typically retained from 12-20 minutes and should not be left in the patient longer than 30-40 minutes. It is the student's primary responsibility to manage his/her time when treating patients.

## **XII. OTHER POLICIES**

### **Guest Speaker Policy**

The OMC may at times approve guest speakers who are competent or have expertise to address various academic and clinical practice subject matter at intern training lectures. Guest speakers are approved based on the following guidelines. The topic must be relevant to the clinical internship or clinical coursework practice description and objectives as detailed in OMC Handbook. The content of the presentation must be consistent with DULA's mission statement and DULA's program educational objectives. And, there must be reasonable expectation that the guest lecturer will demonstrate appropriate professional respect for colleagues, DULA and its constituents. The lecture must be feasible within the schedule and resource limitations of the clinical internship level. Acupuncture or other techniques taught and/or demonstrated by guest lecturers are not approved for use in the OMC unless part of DULA's curriculum.

### **Transfer Student Policy**

The following procedures and requirements apply for all students who may have clinical internship experience at a prior institution and are transferring to DULA:

- Orientation: attendance is mandatory for all transfer students prior to entering clinical internship.
- Level Exam: transferring students must complete level entrance requirements including Level Examination.
- CPR & First Aid Card: A valid CPR and First Aid card must be submitted to participate in clinical internship.
- The DULA/CNT (Clean Needle Technique) Certificate must be presented to participate
- Evidence of prior successful completion of clinical internship from Program Director.
- Prerequisites: transfer students should consult with program directors for completion of prerequisites before applying to clinical internship.
- Satisfactory of English Language Proficiency (please refer to program catalog for more information).

## Externship Policy

DULA doesn't accept any externship other than DULA provides.

Student can apply for DULA's externship program and it may be credited to his/her internship. DULA's externship program is equivalent to DULA's internship regarding clinic procedures, treatment protocols, and student's performance evaluations. DULA OMC Clinic Supervisor will be assigned and supervise all clinical activities including diagnostic procedure, acupuncture treatment, herbal treatment, and patient management. All other DULA's internship procedure including Intern's learning notes, patient log sheet, intern evaluation, and case study will be applied to the externship program equally.

Externship manual at AIDS Health Foundation (AHF) Healthcare Center at Hollywood Presbyterian Medical Center:

### 1. Training Plan:

Dongguk University Los Angeles has established an externship program to provide for our students the following:

- The opportunity to observe and treat a variety of conditions.
- To learn patient management and treatment methodologies in a real-life clinic at a major university.
- To have the opportunity to introduce acupuncture to AHF patient population.
- a. Date of Externship Program:  
From November 2017; and ongoing.
- b. Names and license numbers of the Clinic Supervisors at the clinic:  
Please contact OMC Director at [omcdirector@dula.edu](mailto:omcdirector@dula.edu)
- c. Length of time the student will be participating at the externship clinic:  
Minimum of 40 hours per quarter and up to a maximum of 200 hours total per each student.
- d. Identify the entire spectrum of clientele that the students will be treating at the clinic:  
A wide spectrum of clientele including teenagers, adolescents, adults and seniors.
- e. How many patients, per week, will the students be treating:  
Each student will treat about 10 - 12 patients per week.
- f. Number of students involved in externship training:

Two to Four students per afternoon (2pm to 6pm) shifts of once a week.

g. Patient chart management

Use EMR or computerized patient chart provided at the AHF.

2. How will the training provided by the Externship Program Clinic Supervisors be monitored by the Acupuncture Board-approved school:

The training provided by the externship program Clinic Supervisors is monitored by the acupuncture board-approved school in the following ways:

- The students will evaluate the training provided by the externship program and the Clinic Supervisors by filling out the appropriate evaluation forms.
- The externship program Clinic Supervisors will fill out timecards for students that were present and on time.
- DULA will conduct routine checks of the externship program.  
Students will be directly supervised by DULA Supervisory personnel for the full duration of the program.

3. How will the training provided for the students be monitored by the Acupuncture Board -approved school:

- Evaluations forms
- Timecards
- Routine Checks
- Direct supervision

## **XIII. SAFETY AND EMERGENCY PROCEDURES**

### **Cardio-Pulmonary Resuscitation (CPR) & First Aid**

Attendance and successful completion of a CPR & First Aid class is mandatory for all students. DULA hosts a CPR & First Aid class regularly or students may choose to go through an external certification service so long as they are Red Cross or American Heart Association certified. The cards given after successful course completion are a requirement for students entering the clinic. It is the student's responsibility to maintain current CPR & First Aid Certifications. It is a requirement for internship and/or clinical training at the OMC and required to sit for California Acupuncture Licensing Exam.

### **Positioning your patient**

The patient should always be placed in a comfortable position that can be maintained for the length of the treatment. Elderly or handicapped patients may need assistance getting on and off the treatment table. Children should never be left unattended during treatment. Always ensure that the patient is comfortable before leaving the treatment room. After needles have been inserted all patients must be checked regularly at intervals. Students should show special concern towards those who are oversensitive or nervous.

### **Depth of needle insertion**

In order to avoid causing injury to the patient, students must pay close attention to the direction and depth of the insertion according to major acupuncture texts, variations in body proportions, and your Clinic Supervisor's instructions.

### **Stuck needle**

Never insert a needle up to the handle. Explain to the patient the necessity of lying still while undergoing acupuncture. If a needle is stuck due to a muscle spasm ask the patient to relax and massage gently around the point, after which needle should remove easily. If the needle is still stuck, needle nearby to relax the spasms muscle. If the needle is entangled in fibrous tissue turn it slightly



to the opposite direction until it becomes loose, then withdraw. Students always can ask Clinic Supervisor for help.

## Broken needles

**Always** check the needle prior to treatments. The student should remain calm while advising your patient to relax and not to move. Contact a Clinic Supervisor or OMC Director immediately. If the entire needle is under the skin, do not allow the patient to move, and immediately seek appropriate medical care or call 911.

## Needlestick

Needlestick or Other Exposure to Bloodborne Pathogens, per CDC guidelines & CNT 7<sup>th</sup> edition;

1. Immediately & thoroughly wash affected area with soap and water
2. Flush splashes to the nose, mouth, or skin with water
3. Irrigate eyes with clean water or saline (in the Intern Room)
4. Report the incident to your Clinic Supervisor & file an incident report
5. Immediately seek medical advice from a licensed physician as soon as possible

Note: Several studies indicate PEP (post-exposure prophylaxis) should be started within 2 hours if the level of exposure warrants. As soon as possible after exposure (within 24 hours) baseline tests for HIV, HBV, and HCV should be conducted. Periodic follow-up testing is recommended.

The CDC provides an HIV PEP treatment hotline if questions about treatment or advice are needed. Call 888-448-4911, if desired.

Note: Students must obtain medical evaluation and testing for the above exposures.

## Fainting

Signs and symptoms: dizziness, vertigo, oppressive feeling in chest, pallor, nausea, palpitation, cold extremities, cold sweating, weak pulse, loss of consciousness, hypotension and shock.

Causes: Nervous tension, fatigue or extreme weakness of the patient, hunger, forceful manipulation resulting in excessive stimulation.

**Management:** Remove all needles immediately; Contact your Clinic Supervisor or OMC Director immediately. Allow patient to lay flat and elevate feet (to allow increased blood circulation to the brain). Offer the patient warm water. If the patient is having trouble in breathing contact your Clinic Supervisor or OMC Director immediately (always observe the facial color and expression). If symptoms continue, call Emergency Medical Assistance (911).

## **Electro-Stimulation**

Use only AC current electrical stimulation. The level of electro-stimulation should never approach the level of pain. Electro-stimulation should not be applied from one side of the chest to the other (front to back or side to side) because it may interfere with the action of the heart muscle. Electro-stimulation should also not be applied crossing the spine (from one side to another side) on the back. Electro-stimulation should avoid “implanted cardiac device and pacemaker”.

## **Moxibustion**

Be aware of your patient’s heart condition, especially with elderly patients or those with nerve damage or diabetes. If a patient has been burned, contact the Clinic Supervisor. Do not apply moxa for hot, febrile diseases, nor those with neuropathy. Be cautious about the use of moxa on the abdominal area during pregnancy.

## **Hand Washing**

All students must scrub wash their hands with soap under a stream of warm running water before and after performing acupuncture on every patient and whenever your hands become contaminated. Other methods of cleaning the finger tips prior to the insertion of the needle may be used. Using alcohol or antimicrobial hand cleaners such as Purell are acceptable.

## **Biohazardous Material Disposal**

Students must immediately isolate and dispose of used and unused loose needles. Each treatment room has designated biohazard receptacles (sharp containers) that are intended for needles and

other sharp implements. Before removing needles, roll the cart close to the table to reduce handling time of the needle. Be sure that the biohazard or sharps container is securely placed on the cart to avoid potential destabilization of the biohazard receptacle. When the biohazard receptacle is near or at 3/4 full, the student must promptly notify a Clinic Supervisor, the OMC Director or Intern Coordinator.

According to OSHA regulations a used acupuncture needle is considered a contaminated sharp. All needles that have been used for treating must immediately thereafter be placed in the sharps container, not the waste basket, treatment tables, clean field or treatment room floor. Because this is so integral to ensuring the safety of patients, students and staff (particularly cleaning staff) we will repeat: ALL USED NEEDLES ARE TO BE PLACED IMMEDIATELY IN THE SHARPS CONTAINER.

Contaminated signifies either the presence of or the reasonably anticipated presence of blood or other potentially infectious materials on an item or surface. Contaminated sharps therefore by definition include any contaminated object that can penetrate the skin. This includes, but is not limited to, acupuncture needles, seven star and other cutaneous needles, lancets, etc. All contaminated needs must be placed immediately in a sharp container.

Please note that if a needle has been used to treat a patient, once its' package has been opened it is no longer considered to be sterile. It is a violation of CNT, OSHA policy and OMC policy to use unsterile needles on patients; they should be disposed of in the sharps container as if they were contaminated.

All cotton balls used to prepare acupuncture points may be discarded in the trash can, unless they met blood, in which case dispose of them in the biohazard trash can available near the standard waste bin. Never place cotton balls in a sharp container.

## **Clean Needle Technique**

Students must show proof of successful completion of the Clean Needle Technique (CNT) and safety course (WM210) offered by DULA prior to entry into the OMC. The knowledge and skills gained in this class must be part of the student's day-to-day DULA clinic practice.

The Council of Colleges of Acupuncture and Oriental Medicine (CCAOM) offers a CNT course which cannot be used in place of WM210. This course is a one-day course offered throughout the year. Although DULA will make every effort to host a CNT course on campus, DULA cannot guarantee such.

Students are responsible for taking and passing this CNT course in order to take the NCCAOM examination. Students must maintain a working knowledge of the methods and procedures defined and required in the “Clean Needle Technique Manual for Acupuncturists, 7<sup>th</sup> Edition” published by the National Acupuncture Foundation, Washington, D.C.

## **Gloves**

It is recommended that a rubber glove be used when there is a risk of contact with blood or other potentially infectious body fluid. The use of gloves is not necessary during the routine acupuncture practice in the absence of significant bleeding.

Gloves or a finger cot should be worn when the practitioner has a break in the intact skin barrier such as cuts, scratches, or punctures, when treating patients, handling or touching contaminated items or surfaces, and when it can be reasonably anticipated that a student may have contact with blood.

## **Laundry Service**

Laundry must be handled as little as possible with a minimum of agitation. Place soiled laundry immediately in laundry bags; do not leave these bags in treatment rooms. The front desk staff will see to it that the laundry is then cleaned and re-stocked.

## **Cleanliness**

Upon completion of treatment, and after the patient has left, clean the room and prepare it for the next patient. All working surfaces and treatment tables shall be sanitized after each patient. Treatment table cover, pillow covers, and the clean field must be changed after each patient. Food and drink are not permitted in treatment areas and shall not be kept in refrigerators, freezers, or on countertops where blood or other potentially infectious materials may be present. Eating, drinking, smoking, applying cosmetics or lip balm, and handling contact lenses are prohibited in work areas where there is a reasonable likelihood of occupational exposure by potentially infectious material. Lab coats should not be worn out of the clinic area and need to be clean and pressed at all times.

## Universal Health Precautions

The best way to reduce occupational risk of infection is to follow universal precautions. Health care workers must assume all patients are infected with HBV and HIV, and take adequate non-discriminatory precautions to protect themselves. Universal precautions should apply to blood, body fluids containing visible blood, sweat, saliva, semen, vaginal secretions, tissues, cerebrospinal fluid, pleural fluid, peritoneal fluid, pericardial fluid, and amniotic fluid. The Centers for Disease Control (CDC) has developed procedures to help health care workers protect themselves from a variety of possible infections including HBV and HIV. In general, these precautions include the use of an appropriate barrier (gloves, masks, goggles, etc.) to prevent contact with infected body fluids. Additionally, standard sterilization and disinfection measure as well as effective waste disposal procedures are to be followed. These practices are especially important for all invasive procedures. In addition to gowns, gloves, and surgical masks, protective eyewear or face shields should be worn where generation of droplets or splashing of blood or body fluids is possible. If the protective barrier becomes torn, it should be replaced immediately or as soon as patient safety permits. In the event of injury to the health care practitioner, the barrier should be removed, and the wound treated promptly. Any such injury should also be followed up with an incident report. For further detailed procedures regarding Blood Borne Pathogens and the procedures to handle all incident, please refer to the section below.

## Cleaning and Sterilization

All instruments including cupping cups, gua-sha tools, and work surfaces must to be sanitized and decontaminated as soon as possible after contact with patients or other potential infective material. Since cupping cups and gua-sha tools are reusable, these materials must be sterilized immediately following every use.

To sterilize cupping cups and gua-sha tools use the following procedure:

<b>Sterility Category of Equipment</b>	<b>Acupuncture Practice Example</b>	<b>Disinfectant Level Required before Reuse</b>	<b>Disinfecting Procedure</b>
Non-Critical	BP cuff, Stethoscope, e-stim clip,	Low or intermediate disinfecting agents acceptable.	Fabric equipment (BP cuffs) may be disinfected with isopropyl alcohol EPA approved solutions for non-critical items Smooth surfaces can be disinfected through 2 steps; soap and water cleaning followed by wiping with a low or intermediate disinfecting agent.
		Intermediate disinfecting agents required.	<u>Step 1.</u> Removal of all biological and foreign material (e.g., soil, organic material, skin cells, lubricants) from objects using soap and water. <u>Step 2.</u>

			Soak in appropriate FDA –cleared disinfectant for the time indicated for reusable equipment. Follow label directions for use as intermediate disinfecting agent.
Semi-Critical	Cupping cups and gua-sha tools used on skin	Sterilize with high level disinfectant before re-use	<u>Step 1</u> Removal of all biological and foreign material (e.g., soil, organic material, skin cells, lubricants) from objects using soap and water. <u>Step 2</u> Soak in high-level disinfectant (Sporox) as per product label instructions
Reusable Critical	Equipment that breaks the skin or enters the vascular system; No AOM equipment falls in the category.	Must be sterilized.	Example: Autoclave
Sterility Critical; non-reusable	Needles, 7-star hammers, lancets, press tacks, ear seeds.	Cannot be reused.	Example: Ethylene oxide gas

Disinfectant wipes and Lysol are available in the Herbal Dispensary to sanitize work surfaces such as treatment tables, intake tables and chairs, faucet handles and door handles, countertops, heat lamp knobs and instrument carts.

Hands should be thoroughly washed after performing the above procedures.

## OSHA Policy

OSHA stands for Occupational Safety and Health Administration which was created in 1970 within the U.S. Department of Labor to:

- Reduce hazards within the workplace and to implement new or improved existing safety and health programs
- Develop innovative ways of dealing with occupational safety and health problems
- Establish separate but dependent responsibilities and rights for employees and employers
- Maintain reporting and record keeping systems to monitor work related injuries and illnesses
- Establish training programs to increase the number and competence of occupational safety and health personnel
- Develop mandatory job safety and health standards and enforce them effectively; provide for the development, analysis, evaluation and approval of state occupational safety and health programs

All DULA students at all phases of internships must be educated in OSHA policies and standards. DULA provides training and education in topics including, but not limited to, bloodborne pathogens, OPIM, disease transmission, universal precautions, sterilization procedures, personnel protective equipment, how to clean a blood or bodily fluid spill, dealing with biohazardous material, DULA's exposure control plan, and safe practice techniques. Students must attend one training session per year, beginning with the New Intern Orientation, to keep their knowledge and skills current. No one is permitted to work in the clinic without an OSHA training/Clinic Orientation. Students will be given a selection of times to attend one OSHA training/Clinic Orientation at the beginning of each year. OSHA guidelines apply to all businesses and industry. Healthcare professionals and all workers within such settings face an even greater risk of exposure to bloodborne pathogens. OSHA mandates work practice and how one deals with bloodborne pathogens, accidents, such as blood or body fluid spills, and needlesticks. For acupuncturists, techniques such as bleeding, bloodletting



with cupping, and simply needling are identified as potential risks for bloodborne pathogen exposure. Any exposure to blood or body fluids presents a risk of exposure to pathogens. Bloodborne and OPIM pathogens include but are not limited to hepatitis and HIV. Hepatitis is the most easily transmitted bloodborne pathogen. Safe practice will reduce the risk of exposure to bloodborne pathogens. The guidelines contained in this Handbook (see Bloodborne Pathogen Control Plan, *infra*) must be used by all practitioners and are in accordance with OSHA, the Center for Disease Control and the Council of Colleges of Acupuncture and Oriental Medicine Clean Needle Technique.

Preventing Needlestick Injuries: <http://www.cdc.gov/niosh/docs/2000-108/pdfs/2000-108.pdf>

Emergency Needlestick Guidelines: <http://www.cdc.gov/niosh/topics/bbp/emergnedl.html>

Post-exposure Guidelines for HIV: <http://www.cdc.gov/mmwr/PDF/rr/rr5409.pdf>

Post-exposure Guidelines for HBV, HCV and HIV: <http://www.cdc.gov/mmwr/PDF/rr/rr5011.pdf>

## **Fire Safety and Emergency Evacuation Procedure**

In the event of fire or emergency evacuation, the following must be accomplished calmly and immediately:

- Promptly remove all the needles from patient.
- Instruct the patient to get dressed and gather his/her belongings immediately.
- Stay calm and wait for the Evacuation announcement
- Proceed to the nearest exit.

A Clinic Supervisor responsible for acting as a searcher will be assigned to every shift. He/she will ensure that everyone in the OMC has been evacuated, please do not assume this role yourself. Follow directions given by the Searcher and/or OMC Director, and do not re-enter the OMC until you have been instructed to do so by a DULA official.