



DULA OMC

Best Practice Guidelines for Cleanliness and Safety

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Introduction

Along with CCAOM's 7th Edition of Clean Needle Technique, as well as guidance from OSHA and ACAOM, Dongguk University Los Angeles' Oriental Medical Clinic incorporates the Best Practices Guidelines for Cleanliness and Safety. These Guidelines ensure that our clinic environment is safe for patients, interns, supervisors and staff.

These Guidelines include procedures from the CNT Manual on:

- Handwashing
- CNT in an Office Setting
- Setting up the Clean Field
- Treatment Protocol in a Travel Setting
- Basic Steps of the CNT for Acupuncture
- Safety Guidelines for Acupuncture, Moxibustion, Cupping, Gua Sha, Electroacupuncture, Bleeding Therapy, Tui Na and Press Tacks/Intradermal Needling
- Bloodborne Pathogens and Safety Guidelines to Prevent Infection
- Cleaning and Pathogen Reduction Techniques in Healthcare and AOM Practice Locations
- Office Procedures for Risk Reduction
- Needlestick Information

Here, we add a short addendum to include a step-by-step guideline for ensuring that each treatment room is properly cleaned between patients.

DULA OMC Best Practice Guidelines for Cleaning Treatment Rooms

To ensure the safety of each patient, intern, supervisor and staff member, and to ensure that the OMC is free of injurious pathogens, the OMC uses the following guideline for cleaning each treatment room between patients, at the beginning of each treatment day and at the end of each treatment day. This cleaning is to be performed either by a Level 1 Intern or by the Level 2 or 3 Intern who treated the patient, after the patient has left the room and before the next patient enters the treatment room:

1. Wash hands according to CNT guidelines
2. Put on gloves
3. Remove table paper
4. Remove clean field
5. Place trash & waste in appropriate waste bin according to CNT guidelines, including that found on the floor
6. Remove gloves
7. Wash hands
8. Re-glove with clean gloves
9. Spray treatment table and bolsters with OSHA approved disinfecting cleaner (Clorox Hydrogen Peroxide, found in the bottom cabinet of each treatment room)
10. Wipe treatment table and bolsters with paper towels.
11. If there was any blood or bodily fluids noticeable on the treatment table or other associated equipment, spray again with the disinfecting cleaner and let air dry.
12. Remove gloves
13. Wash hands
14. Replace clean field
15. Replace table paper