DULA Master Syllabus
OM 411, OM Internal Medicine I

COURSE INFORMATION
Course Number, Title: OM 411, OM Internal Medicine I
Number of Hours/Units: 30 hours/3 units
Prerequisites: OM 221, 311, 312
Course Schedule: [type your class day and time in here, for example: Thursday, 10AM-1PM]
Course Instructor (email): [type your name, degree title and email address in here, for example: xxx, L.Ac., xxx@dula.edu]
Instructor Office Hours: [type your available time to meet outside of classroom hours, for example: “After class, or by appointment”]

COURSE DESCRIPTION
This is a 4-part series covering the etiology, pathogenesis, and treatment of illness in TCM. By learning the signs and symptoms, treatment principles, and herbal and acupuncture prescriptions of various disorders, students reinforce their understanding of basic diagnostic and treatment theories. Students learn differential diagnosis via the analysis of pathological changes of the Qi, Blood, body fluids, channels, and collaterals. In OM Internal Medicine 4-series Course, Acupuncture and Oriental Medicine Specialty Cases in Family Medicine, Internal Medicine, Geriatric, Ophthalmology, Pediatrics, Traumatology and Emergency Medicine will be covered. Part I of the series focuses on external diseases, diseases of the Lung, and bleeding disorders.

LEARNING OBJECTIVES
● To learn the basic theory, principles and techniques of Traditional Chinese Internal Medicine
● To treat and prevent common internal diseases with acupuncture and Oriental Medicine
● To understand the etiology, pathology and treatment approaches for acute/chronic respiratory disorders, abnormal sweating and hemorrhage.
● Modify formulas based on changes in the clinical manifestations.

CORRELATION OF CLASS TO THE MSOM EDUCATIONAL OBJECTIVES
(X) Demonstrate an understanding of the theoretical and historical contexts of Oriental Medicine
(X) Apply this understanding to accurately diagnose patients
(   ) Utilize bio-medical diagnostic methods and refer to other practitioners as appropriate
(X) Competently plan, perform, assess and adjust acupuncture treatments for common conditions and patterns
(X) Competently prescribe and modify herbal formulas for common conditions and patterns
(   ) Embody and advise on healthy lifestyle choices
(   ) Identify, define and model best practices for professional success

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TEACHING METHODS

<table>
<thead>
<tr>
<th>Lecture</th>
<th>In-class discussion</th>
<th>Hands-on practical training</th>
<th>Demonstration</th>
<th>Audio and/or visual tutorial segments</th>
<th>Small group instruction</th>
<th>Off-campus field trips</th>
<th>Off-campus speakers/consultants</th>
</tr>
</thead>
<tbody>
<tr>
<td>X</td>
<td>X</td>
<td></td>
<td></td>
<td></td>
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<td></td>
</tr>
</tbody>
</table>

Other (explain):

INSTRUCTIONAL MATERIALS

Required Text(s):

- Essentials of Chinese Medicine: Internal Medicine, Shi, Bridge Publishing Group, 2003
- Chinese Traditional Internal Medicine, by Bo Yu Zhang, Shanghai Science & Technology Press, 1988. (For Chinese Program)

Recommended Text(s):

- Foundations of Chinese Medicine, Maciocia, Churchill-Livingstone, 2007
- Traditional Chinese Internal Medicine, chief edited by Peng, Bo. People’s Medical Publishing House, 2000

In-class Text: 
[**type in-class handouts or other materials here**]

Online resources:

- Sacred Lotus Diagnosis Page
- 5 Organs: Theory and Disease, by Dr. Heiner Fruehauf

COURSE REQUIREMENTS

<table>
<thead>
<tr>
<th>Course Requirement Clarification</th>
<th>Percentage Breakdown for Final Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Regular Attendance</strong> (mandatory - please refer to attendance policy mentioned in this syllabi)</td>
<td>10%</td>
</tr>
</tbody>
</table>
**Homework (Out-of-classroom Requirements):**
A minimum of two hours of out-of-class student work each week is required for each hour of in-classroom contact hours. These additional work/hours will be reflected in the reading assignments and/or other homework.

Assignment:
1. The reading assignment mentioned below is intended to supplement the lecture materials. **Students need to read the assigned pages on a weekly schedule mentioned in this syllabi, summarize it within one letter page, and submit it at the following class.**
2. [type here if you have any additional or other type of homeworks, please mention too when the homeworks need to be submitted]

**Quizzes:**
- Quiz 1 - Multiple choice questions covering the topic materials [type your quiz topic materials here, for example: common cold, cough, breathlessness]
- Quiz 2 - Multiple choice questions covering the topic materials [type your quiz topic materials here, for example: congested fluids, abnormal sweating]

**Midterm Exam:** Multiple choice 50-100 questions covering the topic materials [type your midterm exam topic materials here, for example: course materials from week 1-5 of this class]
[If you have practicum / other type of exam, please mention the detail of the type of the exam too in here]

**Final Exam:** Multiple choice 50-100 questions covering the topic materials [type your final exam topic materials here, for example: course materials from week 1-10 of this class]
[If you have practicum / other type of exam, please mention the detail of the type of the exam too in here]

<table>
<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>Topic</th>
<th>Reading/Homework</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>[type date here]</td>
<td>Common Cold</td>
<td>Essentials pgs. 3-10 ~ 8 hours</td>
</tr>
<tr>
<td>2</td>
<td>[type date here]</td>
<td>Cough</td>
<td>Essentials pgs. 11-18 ~ 8 hours</td>
</tr>
<tr>
<td>3</td>
<td>[type date here]</td>
<td>Breathlessness</td>
<td>Essentials pgs. 25-32 ~ 8 hours</td>
</tr>
<tr>
<td>4</td>
<td>[type date here]</td>
<td>QUIZ 1 Wheezing</td>
<td>Essentials pgs. 19-24 ~ 8 hours</td>
</tr>
<tr>
<td>5</td>
<td>[type date]</td>
<td>Lung Abscess</td>
<td>Essentials pgs. 33-38</td>
</tr>
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</table>

**Total:** 100%

**COURSE SCHEDULE**
### MIDTERM EXAMINATION

**Congested Fluids (1)**

Essentials pgs. 271-278

~ 8 hours

### Infantile Malnutrition

Essentials pgs. 271-278

~ 8 hours

### Abnormal Sweating

Essentials pgs. 265-270

~ 8 hours

### QUIZ 2

Bleeding (1)

Essentials pgs. 251-264

~ 8 hours

### Bleeding (2)

Essentials pgs. 251-264

~ 8 hours

### FINAL EXAMINATION

### GRADING POLICY & EVALUATION

#### GRADING SCALE:

<table>
<thead>
<tr>
<th>Letter Grade</th>
<th>A</th>
<th>A-</th>
<th>B+</th>
<th>B</th>
<th>B-</th>
<th>C+</th>
<th>C</th>
<th>C-</th>
<th>F</th>
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<tbody>
<tr>
<td>Numeric Value</td>
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<td>90</td>
<td>87</td>
<td>83</td>
<td>80</td>
<td>77</td>
<td>73</td>
<td>70</td>
<td>&lt;70</td>
</tr>
<tr>
<td>GPA</td>
<td>4.0</td>
<td>3.75</td>
<td>3.35</td>
<td>3.0</td>
<td>2.75</td>
<td>2.55</td>
<td>2.25</td>
<td>2.0</td>
<td>0</td>
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</tbody>
</table>

All required courses must be taken for a letter grade, except for the following, which may be taken Pass/Fail: Qi Gong, Tai Chi, Tui-na, CNT & Safety Codes, Survey of Clinical Medicine, Clinical Management, Medical Ethics, and CPR/First Aid. Elective courses are also graded as Pass/Fail. The changing of Pass/Fail grades may change at any time and may be at the discretion of faculty with prior approval and notification of students.

*Please reference the MSOM Catalog for more information regarding the University’s grade point system.*

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ATTENDANCE POLICY
University policy requires that attendance is factored in as at least 10% of a student’s final grade. Students with more than 2 unexcused absences will be considered to automatically fail a course, and 3 marks of tardiness will be counted as 1 absence. 
Please reference the MSOM Catalog for more information regarding this policy.

POLICY ON MAKE-UP EXAMS
Make-up exams are permitted for final examinations in the event of an emergency or other urgent issue. A make-up exam can not be taken earlier than the scheduled final exam which occurs during the 11th week. The make-up exam request must be made in advance by the end of the 12th week of the current quarter.

Please reference the MSOM Catalog for more information regarding this policy and procedure. A Make-up Final Exam Request Form can be obtained at the Front Desk.

ACADEMIC DISHONESTY
Academic dishonesty includes providing or receiving answers from other students during or after an examination, plagiarism, knowing use of illegally copied educational material in any format, using informational aids such as "crib sheets" or other types of notes during an examination (if not allowed), or anything else that might reasonably be construed as cheating. Students who are found to be academically dishonest will automatically receive an "F" in that particular course and are subject to dismissal or suspension for 1 quarter, and may be placed on administrative probation.

STUDENTS WITH DISABILITIES
Dongguk University Los Angeles is committed to providing support services to achieve equal access to the education experience. The Student Services Coordinator is available to provide assistance for students who exhibit significant difficulties due to a disability. DULA will support students to understand his/her limited abilities and compensate for them with ADA accommodations and alternative resources as well. Registration for assistance from the Student Services Coordinator is on a voluntary, self-identifying basis. However, services are only available after a student has registered and presents current documentation of the disability from an appropriate specialist or physician. All information and documentation are confidential.

Please refer to the MSOM Catalog for more information regarding this policy and procedure.

SPECIAL NOTES
[type here for additional notes]